



PROGRAM DIRECTORY

of Early Psychosis Intervention Programs

Early Assessment & Support Alliance (EASA)

The National Technical Assistance
Network For Children's Behavioral Health

Portland, Oregon, United States



EASA Center for Excellence

THE TA NETWORK
the national technical assistance network for children's behavioral health

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Purpose

This directory was developed by the [Early Assessment and Support Alliance \(EASA\) Center for Excellence](#) at Portland State University. It was originally developed in partnership with the Foundation for Excellence in Mental Health Care (mentalhealthexcellence.org). Currently, it is maintained in partnership with the National Training and Technical Assistance Center (NTTAC) for Children's Behavioral Health. For questions or concerns, please contact Ellie Taylor, Research Associate with the EASA Center for Excellence, at elinor.taylor@pdx.edu.

NTTAC was created in 2015 by the Substance and Mental Health Services Administration (SAMHSA) to address the needs of high-risk children and youth. NTTAC's TA Network is a partnership of 14 universities and organizations that include Children's Mental Health Initiative, System of Care Expansion Implementation, and System of Care Expansion and Sustainability Cooperative Agreements, as well as to states, tribes, territories and communities without grant awards.

The EASA Center for Excellence is a TA Network partner. EASA consists of a statewide network of programs in Oregon with a coordinated approach to early psychosis intervention. It provides information and support to young people who are experiencing symptoms of

psychosis for the first time. The EASA Center for Excellence provides training, research and program development statewide in Oregon and nationally. For more information, please visit <http://easacommunity.org>.

The purpose of this directory is to create a database and directory of early intervention programs for psychosis within the U.S. Additional goals include helping people find resources in their communities and facilitating a communicated network among these programs. This information is up-to-date as of May 15th, 2016, but its relevance may change as programs do.

Reflecting the growing national collaboration, this version of the directory features expanded national, state, and program information. This includes a new section on national resources, state contact people for early psychosis section, and program criteria (e.g., accepted age ranges, types of insurance accepted). If you are affiliated with a program and would like to contribute its information, please [complete our survey](#).

This directory is undergoing continuing development as more data about programs becomes available. We at EASA recognize the importance of early intervention generally for young adults and families in need, and that early psychosis intervention is an active field of research. Thus, we aim to be inclusive and include all program information available. Thank you for your participation and interest.

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National Resources

NATIONAL & INTERNATIONAL NETWORKING

Partners for StrongMinds (P4SM)

P4SM is a national platform of young people living with psychosis, families, researchers, clinicians, and systems dedicated to demystifying and de-stigmatizing psychosis. Tracks and disseminates psychosis research and policy news. Extensive social media campaign that shares perspectives of young adults with lived experience.

Website: <http://partners4strongminds.org>

Facebook: <https://facebook.com/Partners4StrongMinds>

Twitter: <https://twitter.com/@p4sm>

The Prodrome and Early Psychosis Program Network (PEPPNET)

A national membership organization of clinicians, educators, policy leaders, government agencies and researchers who are leading community implementation efforts for early psychosis and psychosis risk programs. Supported by Stanford Medicine's Dept. of Psychiatry and Behavioral Sciences. Provides education, research dissemination, a national listserv to connect professionals, and many other resources.

Website: <http://med.stanford.edu/peppnet.html>

IEPA Early Intervention in Mental Health

IEPA is an international network for those involved in the study and treatment of the early phases of mental health disorders encompassing a trans-diagnostic approach. With its origins in early intervention in psychosis, IEPA aims to enhance awareness of the early phases of mental health disorders more generally, their causes, prevention and the process of recovery. It aims to provide a network for international communication and collaboration between stakeholders.

Website: <https://iepa.org.au>

ADVOCACY & SUPPORT

The National Alliance on Mental Illness (NAMI)

NAMI is the nation's largest grassroots mental health organization. Provides support groups, advocacy, education, and many other resources. They are developing new resources for early psychosis intervention, including providing trainings and materials. They offer a toll-free national HelpLine that provides free referrals, information, and support. Visit their website or

call the HelpLine for more information about national and local resources.

Website: <https://nami.org>

Phone: 800-950-6262

MyHealios

MyHealios is an evidence-based caregiver support service that is provided to families and caregivers via live video conferencing. Provides specific resources and support for caregivers of individuals with psychosis. Provides free 30 min. consultations to callers.

Website: <https://myhealios.com>

Phone: 855-313-8152

The StrongMinds Project

The StrongMinds Project is run by a group of “passionate young people who’ve struggled with our mental health, and are back to chasing our dreams after finding effective support and resources.” They produce videos, blogs, and a wide range of information created by young people with lived experience.

Website: <http://strongmindsproject.org>

RESOURCES FOR FINDING HELP

Partners for StrongMinds (PS4M) Treatment Tracker

An extensive, frequently updated map and list of Early Intervention for Psychosis programs in

the U.S. Provides contact information for each program.

Website: <http://partners4strongminds.org/get-involved/education-center/finding-treatment>

HelpWhenYouNeedIt.Org

An online directory of over 350,000 national private and public resources including mental health treatment, food pantries, stores that accept food stamps, assisted living facilities, domestic violence shelters, homeless shelters, hospitals, substance abuse treatment, free clinics, V.A. facilities, women’s clinics, and legal assistance or financial assistance. Enter a zip code to find nearby listings.

Website: <http://helpwhenyouneedit.org>

International Listing of Early Intervention for Psychosis Programs

An online international listing provided through the IEPA, an international network for those involved in the study and treatment of the early phases of mental health disorders.

Website: <https://iepa.org.au/by-country>

The National Suicide Prevention Lifeline Network

More than 150 crisis centers across the country participate in the National Suicide Prevention Lifeline Network. The network connects callers to a trained counselor in their area. Visit their website to view crisis lines by state or zip code.

Or, call their helpline to be routed to the closest available crisis center.

Website: <http://suicidepreventionlifeline.org/getinvolved/locator>

Phone: 800-273-TALK (800-273-8255)

Suicide.org

Suicide.org is an extensive online directory of listings for crisis hotlines, organized by state and county.

Website: <http://suicide.org/suicide-hotlines.html>

Resources by State

ARIZONA

Tucson

Early Psychosis Intervention Center (EPICENTER)

Banner University Medical Center South
2800 E Ajo Way
Tucson, AZ 85713

Website: <http://psychiatry.arizona.edu/patient-care/epicenter>

Phone: 520-874-4068

Contact: Dr. Patricia Harrison-Monroe, Director

CALIFORNIA

Concord/Contra Costa County

First Hope

Contra Costa County Behavioral Health Services
1034 Oak Grove Rd
Concord, CA 94518

Website: <http://firsthopeccc.org/index.html>

Phone: 925-681-4450

Fax: 925-681-4450

Contact: Phyllis Mace, LMFT, Program Manager

Email: Phyllis.Mace@hsd.cccounty.us

Los Angeles

Aftercare Research Program

UCLA Semel Institute
300 UCLA Medical Plaza, Room 2240
Los Angeles, CA 90095-6968

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 18-45

Insurance accepted: “We are funded via NIMH, so insurance is not needed except for services that clients need beyond the scope of our clinical research interventions.”

Service model: Coordinated Specialty Care (CSC), Open Dialogue, “We are a clinical research programs that provide psychosocial and medication interventions with the purpose of improving functional outcomes.”

Website: <https://semel.ucla.edu/aftercare>

Website: <http://schizophrenia.ucla.edu/Aftercare>

Phone (referral): 310-206-3142

Contact: Luana Turner, PsyD

Email: LTurner@mednet.ucla.edu

Contact: Joseph Ventura, PhD
Email: JVventura@mednet.ucla.edu

The Staglin Music Festival Center for the Assessment and Prevention of Prodromal States (CAPPS)

Departments of Psychology and Psychiatry &
Biobehavioral Sciences
University of California, Los Angeles
Semel Institute for Neuroscience and Human
Behavior
760 Westwood Plaza, 2nd Floor
Los Angeles, CA 90095

Populations served: First Episode Psychosis –
schizophrenia and bipolar spectrums, Psychosis
Risk/Prodrome

Ages served: 12-30

Insurance accepted: “As a research clinic, we do
not accept insurance and all of our services are
free of charge.”

Service model: “Assessment and treatment
planning with outside providers.”

Additional info: “Assessment services are all free
and include clinical, psychosocial, and neuro-
psychological assessments conducted every
two to six months to closely monitor symptoms
and functioning. Findings and recommendations
are shared with outside treatment providers
to aid in treatment planning, school advocacy
and crisis intervention. Participants will be
offered adjunct services including frequent and
intensive evaluations, including diagnostic and
neuropsychological assessments, psychoedu-
cation, treatment planning (including services
from CAPPS and the community), case manage-
ment, and referral services.”

Website: <https://semel.ucla.edu/capps>

Phone: 310-206-3466

Fax: 310-794-9517

Contact: Dr. Carrie Bearden, Site Director
Email: cbearden@mednet.ucla.edu

Modesto

LIFE Path

Sierra Vista Child & Family Services
100 Poplar Ave
Modesto, CA 95354

Populations served: First Episode Psychosis –
schizophrenia and bipolar spectrums, Psychosis
Risk/Prodrome

Ages served: 14-25

Insurance accepted: Medicaid, Uninsured,
Private

Service model: Coordinated Specialty Care
(CSC)

Area eligibility: Stanislaus County residents

Website: [http://sierravistacares.org/programs_](http://sierravistacares.org/programs_LifePath.asp?c=21)
[LifePath.asp?c=21](http://sierravistacares.org/programs_LifePath.asp?c=21)

Phone: 209-523-4573

Fax: 209-550-5866

Email: info@sierravistacares.org

Contact: Donnieau E. Snyder, MFT, PhD
Email: dsnyder@sierravistacares.org

Napa / Napa & Solano Counties

Supportive Outreach & Access to Resources (SOAR)

Aldea Child & Family Services
1801 Oak St
PO Box 841
Napa, CA 94559

Website: <http://aldeainc.org/services/behavioral-health/early-diagnosis-preventative-treatment>

Contact, Service Inquiries, Napa County:
Julianna Huijon, Clinic Coordinator
Phone: 707-253-0123 ext. 652

Contact, General Inquiries, Napa County:
Carolina Mariposa, Program Director
Phone: 707-253-0123 ext. 644

Contact 1, General Inquiries, Solano County:
Halide Porras, Clinic Coordinator
Phone: 707-425-9670 ext. 407
E-mail: hporras@aldeainc.org

Contact 2, General Inquiries, Solano County:
Julie Falicki, Program Director
Phone: 707-425-9670 ext. 218
E-mail: jfalicki@aldeainc.org

Hayward / Alameda County

Felton/EBCRP PREP Alameda

Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)

22971 Sutro St
Hayward, CA 94541

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-24

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website 1: <http://prepwellness.org>

Website 2: <http://askprep.org>

Email: PREPAlameda@felton.org

Contact, Referrals:
Christy Tillotson, MFT, EBCRP PREP Clinical Program Manager

E-mail: Christy.tillotson@ebcrp.org

Contact, Program Inquiries:
Adriana Furuzawa, MA, Felton PREP Division Director

Phone: 415-474-7310 ext. 314

E-mail: afuruzawa@felton.org

Orange County

Orange County Center for Resiliency Education and Wellness (OC CREW)

792 Town & County, Building E
Orange, CA 92868

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 12-25

Insurance accepted: Medicaid, Uninsured

Service model: Coordinated Specialty Care (CSC)

Website: <http://ochealthinfo.com/bhs/about/pi/early/crew>

Phone: 714-480-5100

Fax: 714-836-5801

Contact:

Joe Gavino, Service Chief

Phone: 714-480-5115

E-mail: jgavino@ochca.com

Palo Alto

INSPIRE

Stanford University Department of Psychiatry
and Behavioral Sciences

401 Quarry Rd

Palo Alto, CA 94304

Website: <https://med.stanford.edu/psychiatry.html>

Phone: 650-498-9111

Contact:

Dr. Jacob Ballon, MD, MPH, Director

Phone: 650-723-3305

Fax: 877-917-8652

E-mail: jballon@stanford.edu

Sacramento

EDAPT (Early Diagnosis and Preventive Treatment) Clinic

UC Davis Medical Center

University of California

2230 Stockton Blvd

Sacramento, CA 95817

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis/ Risk prodrome

Ages served: 12-20

Insurance accepted: Insured, Private

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Sacramento region residents

Website: <http://earlypsychosis.ucdavis.edu/edapt>

Phone: 916-734-5076

Contact 1:

Dr. Cameron Carter, Director

E-mail: cameron.carter@ucdmc.ucdavis.edu

Contact 2:

Haley Skymba

E-mail: hskymba@ucdavis.edu

SacEDAPT

UC Davis Medical Center

University of California

2230 Stockton Blvd

Sacramento, CA 95817

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis/ Risk prodrome

Ages served: 12-30

Insurance accepted: Medi-Cal eligible, Uninsured

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Sacramento County residents

Website: <http://earlypsychosis.ucdavis.edu/sacedapt>

Contact:

Mojan Arzami, Referral Facilitator

Phone: 916-734-7251

E-mail: mojazarmi@ucdavis.edu

Salinas/Monterey

Felton PREP Monterey

Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)

909A Blanco Circle
Salinas, CA 93901

Website: <http://prepwellness.org>

Phone (Referrals): 831-424-5033

Fax: 831-424-5044

Email: PREPMonterey@felton.org

Contact, Referrals:

Anna Ballas, MFT, Program Manager

E-mail: aballas@felton.org

Contact, Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division
Director

Phone: 415-474-7310 ext. 314

E-mail: afuruzawa@felton.org

San Diego

Kickstart

6160 Mission Gorge Rd, Ste 100
San Diego, CA 92120

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk / Prodrome

Ages served: 10-25

Insurance accepted: “Our services are provided at no cost.”

Service model: Coordinated Specialty Care (CSC)

Website: <http://kickstartsd.org>

Phone: 619-481-3790

Fax: 619-481-3797

Contact:

Hope Graven, Clinical Director

E-mail: hgraven@provcorp.com

Cognitive Assessment and Risk Evaluation (CARE) Program

University of California, San Diego (UCSD)
140 Arbor Dr, 4th Floor
San Diego, CA 92103

Website: <http://ucsdcareprogram.com>

Phone: 619-543-7745

Fax: 619-543-7315

E-mail: care@ucsd.edu

Contact:

Kristin Cadenhead, M.D.

E-mail: kcadenhead@ucsd.edu

San Francisco

Felton BEAM San Francisco

Part of the Felton BEAM (Bipolar Disorder Early Assessment and Management) Program

6221 Geary Blvd, 2nd Floor
San Francisco, CA 94121

Populations served: First Episode Psychosis – bipolar spectrum

Ages served: 14-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <http://prepwellness.org/beam>

Phone (Office): 415-474-7310

Phone (Referrals): 415-476-7278

Fax: 415-751-3226

Email: PREPsf@felton.org

Contact, Referrals:

Alana Rahab, MFT, Program Manager

E-mail: arahab@felton.org

Contact, Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division
Director

Phone: 415-474-7310 ext. 314

E-mail: afuruzawa@felton.org

PART (Prodrome Assessment Research and Treatment) Program

University of California, San Francisco (UCSF)
The Langley Porter Psychiatric Institute
401 Parnassus Ave
San Francisco, CA, 94143-0984

Website: <http://partprogram.ucsf.edu>

Phone: 415-476-PART or 415-476-7278

Contact:

Rachel Loewy, Director

E-mail: Rachel.Loewy@ucsf.edu

Felton PREP San Francisco

Part of the [Prevention and Recovery in Early Psychosis \(PREP\) Network](#)

6221 Geary Blvd, 2nd Floor
San Francisco, CA 94121

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 14-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <http://prepwellness.org/beam>

Phone (Office): 415-474-7310

Phone (Referrals): 415-476-7278

Fax: 415-751-3226

Email: PREPsf@felton.org

Contact, Referrals:

Alana Rahab, MFT, Program Manager

E-mail: arahab@felton.org

Contact, Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division
Director

Phone: 415-474-7310 ext. 314

E-mail: afuruzawa@felton.org

UCSF Path

University of California, San Francisco (UCSF)
Department of Psychiatry
The Langley Porter Psychiatric Institute
401 Parnassus Ave
San Francisco, CA, 94143-0984

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-35

Insurance accepted: Private

Service model: Coordinated Specialty Care (CSC)

Additional info: “The UCSF Path Program (formerly the Early Psychosis Program) is a strength-based comprehensive treatment program for young people and their families who

are experiencing a first episode of psychosis. We are focused on empowering, educating, and fostering independence in the recovery process based on resiliency and social skill building in a collaborative treatment team setting.”

Website: <http://psych.ucsf.edu/path>

Contact:

Itzel Lopez, MFTI

Phone: 415-476-7278

E-mail: itzel.lopez@ucsf.edu

San Jose/Santa Clara County

Momentum for Mental Health

Part of the REACH (Raising Awareness and Creating Early Hope) Program

185 Martinvale Ln
San Jose CA 95119-1319

Phone: 1-855-2REACHUS or 1-855-273-2248

Email: info@reach4scc.org

Contact:

Michelle R. Burlyga, OTRL/L, Manager

Phone: 408-207-0070 ext. 5301

E-mail: mburlyga@momentumMH.org

Starlight Community Services

Part of the REACH (Raising Awareness and Creating Early Hope) Program

1885 Lundy Ave, Ste 223
San Jose CA 95131

Website: <http://reach4scc.org>

Email: info@reach4scc.org

Contact:

Karima Irany, LMFT, Manager

Phone: 408-284-9000 ext. 698

E-mail: karainy@starsinc.com

San Mateo

Felton PREP San Mateo

Part of the Felton PREP Network (Prevention and Recovery in Early Psychosis)

1108 S El Camino Real
San Mateo, CA 94402

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/ Prodrome

Ages served: 14-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <http://prepwellness.org>

Phone: 650-458-0026

Fax: 650-458-0027

Email: PREPSanMateo@felton.org

Contact, Referrals:

Bruce Adams, MFT, Program Manager

E-mail: badams@felton.org

Contact, Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director

Phone: 415-474-7310 ext. 314

E-mail: afuruzawa@felton.org

BEAM San Mateo

Part of the BEAM (Bipolar Disorder Early Assessment and Management) Program

1108 S El Camino Real

San Mateo, CA 94402

Populations served: First Episode Psychosis – bipolar spectrum

Ages served: 14-35, with additional age range extension down to 12 for UHR/CHR

Insurance accepted: “Our funding allows us to work with clients without the need to bill any insurance provider.”

Service model: Coordinated Specialty Care (CSC)

Website: <http://prepwellness.org>

Phone: 650-458-0026

Fax: 650-458-0027

Email: PREPSanMateo@felton.org

Contact, Referrals:

Bruce Adams, MFT, Program Manager

E-mail: badams@felton.org

Contact, Program Inquiries:

Adriana Furuzawa, MA, Felton PREP Division Director

Phone: 415-474-7310 ext. 314

E-mail: afuruzawa@felton.org

Santa Barbara

Prevention/Early Intervention Services for Transition-Age Youth

County of Santa Barbara Alcohol, Drug, and Mental Health Services
300 N San Antonio Rd, Bldg 3
Santa Barbara, CA 93110

Website: <http://countyofsb.org/behavioral-wellness>

Phone: 888-868-5220

Phone (Referrals): 888-868-1649

Email: info@reach4scc.org

Contact:

Suzanne Grimesey, MFT, Adult and Children’s Division Chief

Phone: 805-681-5289

E-mail: suzkirk@co.santa-barbara.ca.us

Stockton/San Joaquin

PREP San Joaquin

Part of the Prevention and Recovery in Early Psychosis (PREP) Network

1145 N California St
Stockton, CA 95202

Website: <http://prepwellness.org>

Phone: 209-603-5936

Email: PREPSanJoaquin@fsasf.org

Contact:

Adriana Furuzawa, MA, PREP Division Director

Phone: 415-474-7310 ext. 314

E-mail: afuruzawa@felton.org

Telecare Early Intervention and Recovery Program

4545 Georgetown Pl, Ste A3
Stockton, CA 95207-6628

Website: <http://telecarecorp.com/news-at-telecare/2016/4/14/prevention-and-early-intervention-in-san-joaquin-county-ca>

Phone: 209-955-1139

Fax: 209-955-1067

Ventura

Ventura Early Prevention Services (VIPS)

Ventura County Behavioral Health
Telecare Corporation
5810 Ralston St, 2nd Floor
Ventura, CA 93003

Populations served: Psychosis Risk/Prodrome

Ages served: 16-25

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We are a certified PIER program.”

Website: <http://prepwellness.org>

Phone: 805-642-7033

Fax: 805-642-7732

Email: PREPSanMateo@felton.org

Contact:

Barry Boatmen, PsyD, Program Director

E-mail: bboatman@telecarecorp.com

COLORADO

Boulder

ADAPT Colorado

Part of the [Adolescent Development and Preventive Treatment \(ADAPT\)](#) Program

University of Colorado Boulder

Populations served: Psychosis Risk/Prodrome

Ages served: 12-24

Insurance accepted: “Research program; no charge”

Service model: “Referrals and participation in research trials in our lab (e.g., exercise intervention”

Additional info: “The ADAPT lab is a research clinic that evaluates adolescents and young adults who are experiencing unusual thoughts, suspiciousness, unusual perceptions, as well as changes in social and academic or career performance. Together we can work to better understand and treat these experiences and improve quality of life. ADAPT has locations in Colorado and Illinois, and is dedicated to taking knowledge generated from basic research, and translating it to improve early detection and develop innovative and effective interventions.”

Website: <http://adaptprogram.com/adaptcolorado-home>

Phone: 303-492-4616

Email: adapt@colorado.edu

Contact:

Vijay Mittal, Director

Fax: 303-492-2967

E-mail: vijay.mittal@colorado.edu

Lakewood

EPIC at Jefferson Center for Mental Health

3595 S Teller St
Lakewood, CO 80235

Website: <http://jcmh.org>

Phone: 303-432-5835

Email: EPIC@jcmh.org

Contact:

Jamie Haskell, Coordinator

Phone: 303-432-5866

E-mail: JamieHa@jcmh.org

CONNECTICUT

New Haven and Hartford

PRIME (Prevention through Risk Identification, Management & Education) Research Clinic

Yale University Medical School

34 Park St Room 38 B

New Haven, CT 06519

Website: http://psychiatry.yale.edu/research/programs/clinical_people/prodome.aspx?organizationId=109519

Phone: 203-785-2100

Contact:

Barbara C. Walsh, PhD, Clinical Coordinator

Phone: 203-974-7057

Fax: 203-974-7057

E-mail: barbara.walsh@yale.edu

The Early Psychosis Program at the POTENTIAL Outpatient Clinic

Institute of Living at Hartford Hospital

Assessment Center for Intake and Young Adult Services

80 Seymour St

Hartford, CT 06102

Website: <http://instituteofliving.org/programs-services/young-adult-services/departments-services/potential-outpatient-clinic>

Phone: 860-545-7200, ext. 3

Contact:

David Vaughan, LCSW, Program Manager,
Young Adult Services

Phone: 860-545-7467

Fax: 860-545-7242

E-mail: david.vaughan@hhchealth.org

Contact (Outreach Engagement Program):

Molly Fergione

Phone: 860-545-7210

Specialized Treatment in Early Psychosis (STEP)

Connecticut Mental Health Center

Yale School of Medicine

New Haven, CT 06519

Website: <http://medicine.yale.edu/psychiatry/step/index.aspx>

Phone: 203-589-0388

Contact:

Jessica Pollard, PhD, Clinical Director

E-mail: jessica.pollard@yale.edu

FLORIDA

Lauderdale Lakes

NAVIGATE Team

Part of the [NAVIGATE](#) Program

First Episode Psychosis Program
Henderson Behavioral Health
4700 N State Rd 7, Bldg A, Suite 206
Lauderdale Lakes, FL 33319

Website: <http://hendersonbh.org>

Phone: 203-785-2100

Contact:

Janine Ribeiro, LMHC, Program Supervisor

Phone: 954-634-8096

Fax: 203-974-7057

E-mail: jribeiro@hendersonbh.org

Panama City

EPIC Program

Life Management Center of Northwest Florida
525 E 15th St
Panama City, FL 32405

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 16-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “Program serves population of Bay and Jackson Counties in the state of Florida.

Program excludes individuals with substance-induced psychosis or psychosis due to general medical condition. Additionally, individuals with Autism Spectrum and Intellectual Deficits are excluded.”

Website: <http://lmccares.org>

Contact:

Jeffery Stone, MS, LMHC

Phone: 805-522-4485 ext. 8565

Fax: 805-522-4476

E-mail: jstone@lmccares.org

GEORGIA

[State Contact]

Ellen Dean LCSW

Project Coordinator, LIGHT-ETP
Georgia Department of Behavioral Health and Developmental Disabilities

E-mail: ellendean1210@gmail.com

Atlanta

Emory Mental Health & Development Program

Psychology Dept. of Emory University
201 Dowman Dr
Atlanta, GA 30322

Populations served: Psychosis Risk/Prodrome

Ages served: 13-30

Insurance accepted: “No fees for most services.”

Service model: “Diagnosis, assessment, and clinical monitoring.”

Website: <https://emorymentalhealth.wordpress.com>

Contact:

Dr. Elaine F. Walker, Director

Phone: 404-727-0761

Fax: 404-727-0372

E-mail: psyefw@emory.edu

Burford

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) – Burford

Project LIGHT

View Point Health

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: Currently 16-25, expanding to 16-30 beginning October 1, 2016

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <https://myviewpointhealth.org/project-light.da>

Phone: 678-209-2411

Email: light@vphealth.org

Athens

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) – Athens

Advantage Behavioral Health Systems

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: Currently 16-25, expanding to 16-30 beginning October 1, 2016

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <http://advantagebhs.org>

Phone: 855-333-9544

Decatur/Atlanta Metropolitan Area

Listening, Inspiring and Guiding Healthy Transitions Early Treatment Program (LIGHT-ETP) – DeKalb

Child & Adolescent Mental Health

DeKalb Community Service Board

445 Winn Way

Decatur, GA 30030

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 16-30

Insurance accepted: Medicaid, Medicare, Uninsured

Service model: Coordinated Specialty Care (CSC)

Website: <http://dekcsb.org/services/child-adolescent/peip>

Phone: 404-294-3834

Email: info@dekcsb.org

IDAHO

Idaho Falls

Strength Through Active Recovery (STAR)

Dept. of Health and Welfare – Behavioral Health Division
150 Shoup Ave
Idaho Falls, ID 83402

Contact:

Randy Rodriguez, Program Manager
Phone: 208-528-5706

Contact:

Janneil Eggleston, Star Team Lead
Phone: 208-528-5740
E-mail: EgglestJ@dhw.ihado.gov

Contact:

Liz McDowell, Clinician, Recovery Coach, & Recruitment
Phone: 208-528-5715
E-mail: McDowellE@dhw.idaho.gov

Contact:

Karen Bailey, Clinician, Recovery Coach, & Recruitment
Phone: 208-528-5743
E-mail: Baileyk@dhw.idaho.gov

ILLINOIS

Chicago

ADAPT Chicago

Part of the Adolescent Development and Preventive Treatment (ADAPT) Program

Chicago Lab:

Northwestern University Chicago Campus
Rubloff Building, Ste 638
Chicago, IL 60611

Evanston Lab:

Northwestern University Evanston Campus
1801 Maple Ave
Evanston, IL 60201

Populations served: Psychosis Risk/Prodrome

Ages served: 12-24

Insurance accepted: “Research program; no charge”

Service model: “Referrals and participation in research trials in our lab (e.g., exercise intervention”

Additional info: “The ADAPT lab is a research clinic that evaluates adolescents and young adults who are experiencing unusual thoughts, suspiciousness, unusual perceptions, as well as changes in social and academic or career performance. Together we can work to better understand and treat these experiences and improve quality of life. ADAPT has locations in Colorado and Illinois, and is dedicated to taking knowledge generated from basic research, and translating it to improve early detection and develop innovative and effective interventions.”

Website: <http://adaptprogram.com/adaptchicago>

Contact:

Christine Hooker, PhD, Director

Phone: 617-495-3858**E-mail:** christine.hooker@rush.edu**E-mail (Rush Hospital):** christinehooker@mail.com**Contact:**

Vijay Mittal, Ph.D, Director

Phone: 847-467-3380**E-mail:** vijay.mittal@northwestern.com

INDIANA

Indianapolis

Prevention and Recovery Center for Early Psychosis (PARC)

Eskenazi Health
720 Eskenazi Ave
Indianapolis, IN 46202

Populations served: First Episode Psychosis – schizophrenia spectrum**Ages served:** 16-35**Insurance accepted:** All**Service model:** “Standard Early Intervention Services and Meds Only Clinic (medication management only)”**Website:** <http://psychiatry.medicine.iu.edu/subsites/psychotic-disorders-program/clinic-locations/parc-prevention-and-recovery-for-early-psychosis>**Phone (Office):** 317-274-1224**Phone (Referrals):** 317-880-8494**Fax:** 317-880-0455**Email:** parc@iupui.edu**Contact:**

Alan Breier, MD, Chief of Psychotic Disorders Program

Phone: 317-941-4287**E-mail:** abreier@iupui.edu

IOWA

Des Moines

RESTORE Program

Eyerly-Ball Mental Health Cropp Clinic
1301 Center St
Des Moines, IA 50309

Website: <http://eyerlyball.org>**Contact:**

RESTORE Project Director

Phone: 515-243-5181

Cedar Rapids

FERST (First Episode Recovery Support Team)

Abbe Center for Community Mental Health
520 11th St NW
Cedar Rapids, IA 52405

Website: <http://abbe.org>**Contact:**

Chelsea Pechota

Phone: 319-365-9109**Email:** cpechota@abbehealth.org

KANSAS

Kansas City

The Early Intervention Program

Wyandot Center

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-25

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “The Early Intervention Program at Wyandot Center in Kansas City, Kansas is geared towards providing coordinated specialty care to individuals experiencing their first psychotic episode. The team serves residents of Wyandotte County that are within the first two weeks to two years of symptoms on the schizophrenia spectrum.”

Website: <http://wyandotcenter.org>

Phone (Information): 913-328-4600

Phone (Crisis Line): 913-788-4200

Contact:

Jennifer Krehbiel, LPC, Early Intervention Team Leader and Therapist

KENTUCKY

Prestonsburg

iHOPE

Mountain Comprehensive Care Center
104 S Front Ave
Prestonsburg, KY 41653

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 15-30

Insurance accepted: Medicaid, Uninsured

Service model: Coordinated Specialty Care (CSC)

Additional info: “Our program is fairly new. We started doing outreach in July 2015 and started accepting referrals for new clients in January 2016.”

Website: <http://mtcomp.org>

Phone (Line 1): 606-886-8572

Phone (Line 2): 606-886-4318

Phone (Line 3): 606-339-7596

Contact:

Angela Parker, LPCA, NCC, Program Coordinator

Email: aparker@mtcomp.org

LOUISIANA

Metairie

EPIC-NOLA

Sinfonia Family Services
3613 Hessmer Ave, Ste 101
Metairie, LA 70002

Populations served: First Episode Psychosis – schizophrenia spectrum

Insurance accepted: Medicaid, Medicare, Private, Self-Pay

Service model: Coordinated Specialty Care (CSC)

Website: <http://sinfoniafamilyservices.com>

Contact:

Mark J. Taliencich, LPC-S, Director of Home & Community Programs

Phone: 504-324-7922

Email: MJTaliencich@sflouisiana.com

MAINE

Portland

Portland Identification and Early Referral (PIER) Mental Health Attitudes of Youth (MAY) Study

Maine Medical Center
Dept. of Psychiatry

22 Bramhall St
Portland, ME 04102

Website: http://mmcri.org/ns/?page_id=5976

Phone: 207-662-3681

Contact:

Sarah Lynch, LCSW

Email: lynchs@mmc.org

MARYLAND

Baltimore

Early Psychosis Intervention Clinic (EPIC)

Part of the [Maryland Early Intervention Program](#)

Johns Hopkins Bayview Medical Center
Community Psychiatry Program
4940 Eastern Ave
Baltimore, MD 21224

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 13-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: http://hopkinsmedicine.org/psychiatry/specialty_areas/schizophrenia/patient_information/treatment_services/early_psychosis.html

Phone: 410-955-5212

Contact:

Krista Baker, LPC, Clinical Supervisor

Email: kbaker1@jhmi.edu

Strive For Wellness Program

Part of the [Maryland Early Intervention Program](#)

701 W Pratt St
Baltimore, MD 21201

Website: <https://marylandeip.com/clinicalServices>

Phone: 410-328-9087

Catonsville

First Episode Clinic (FEC)

Part of the [Maryland Early Intervention Program](#)

Neuroimaging Research Program
Maryland Psychiatric Research Center
55 Wade Ave
Catonsville, MD 21228

Website: http://mprc.umaryland.edu/NRP/fec_clinic.asp

Phone: 410-402-6833

Contact:

Beth Steger, LCSW-C

Phone: 410-402-6833

Email: bsteger@mprc.umaryland.edu

Maryland Early Intervention Program (EIP)

Maryland Psychiatric Research Center
55 Wade Ave
Catonsville, MD 21228

Populations served: First Episode Psychosis – schizophrenia spectrum

Insurance accepted: “It varies across the five clinics.”

Service model: Coordinated Specialty Care (CSC)

Additional info: “The Maryland Early Intervention Program (EIP) offers specialized programs following a coordinated specialty care (CSC) model with expertise in the early identification, evaluation, and comprehensive psychiatric treatment of adolescents and young adults, 12 to 30, at risk for, or in the early stages of, a mental illness with psychosis. The EIP is committed to reducing disability by equipping individuals and their families with tools to manage their illness, move successfully through the developmental stages of growth, and establish a life of their choosing.”

Website: <http://marylandeip.com>

Phone: 877-277-MEIP (1-877-277-6347)

Fax: 877-689-9185

Email: info@MarylandEIP.com

Gaithersburg

OnTrack Maryland

Part of the [Maryland Early Intervention Program](#)

Family Services, Inc.
610 E Diamond Ave, Ste 100
Gaithersburg, MD 20877

Website: <http://fs-inc.org/services/programs/ontrack-maryland>

Phone: 310-840-3297

Contact:

Jason Martin, LCPC, CPRP, Team Leader

Email: jason.martin@fs-inc.org

MASSACHUSETTS

Belmont

McLean OnTrack

115 Mill St
Belmont, MA 02478

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 18-30

Insurance accepted: Medicaid, Medicare, Private

Service model: Coordinated Specialty Care (CSC), Open Dialogue

Website: <http://mcleanhospital.org/programs/mclean-ontrack>

Phone: 617-855-4194

Contact:

Kiersten Bolton, MD

Email: kwbolton@partners.org

Framingham

The Collaborative Pathway

Advocates, Inc.
1881 Worcester Rd
Framingham, MA 01701

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Other

Ages served: 14-34

Insurance accepted: Medicaid, Medicare, Private

Service model: Open Dialogue

Website: <http://advocates.org/services/collaborative-pathway>

Phone: 508-628-6652

Fax: 508-628-6303

Email: Info@Advocates.org

Contact:

Chris Gordon, MD, Vice President & Medical Director

Email: CGordon@Advocates.org

Boston

First-episode and Early Psychosis Program (FEPP)

Department of Psychiatry
Massachusetts General Hospital
Department of Psychiatry, Wang Building, Ste 815
55 Fruit St
Boston, MA 02114

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-40

Insurance accepted: Medicaid, Medicare, Private

Service model: Coordinated Specialty Care (CSC)

Additional info: “We provide medication, individual and family based therapy on NAVIGATE model and coordinate supported employment/education with outside providers.”

Website: <http://massgeneral.org/schizophrenia/services/treatmentprograms.aspx?id=1571>

Phone: 617-724-7792

Contact:

Dr. Corinne Cather

Email: CCATHER@mgh.harvard.edu

Center for Early Detection, Assessment, & Response to Risk (CEDAR)

CEDAR Program
75 Fenwood Rd, 5th floor
Boston, MA 02115

Populations served: Psychosis Risk/Prodrome

Ages served: 14-30 (research programs serve individuals 12-35)

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We provide medication, individual and family based therapy on NAVIGATE model and coordinate supported employment/education with outside providers.”

Website: <http://cedarclinic.org>

Phone: 617-754-1210

Contact:

Michelle Friedman-Yakoobian, Ph.D., Clinical Team Leader

Fax: 617-754-1250

Email: mfriedm3@bidmc.edu

Prevention and Recovery in Early Psychosis (PREP)

Beth Israel Deaconess Medical Center
Harvard Medical School Teaching Hospital
330 Brookline Ave
Boston, MA 02215

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 16-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We also provide 2 days of psychoeducational group programming, milieu treatment, as well as individual and multifamily group treatment.”

Website: <http://bidmc.org/Centers-and-Departments/Departments/Psychiatry/The-Prevention-and-Recovery-in-Early-Psychosis---PREP.aspx>

Phone: 617-667-4735

Contact:

Thomas Monteleone, LICSW, PREP Team Leader

Email: Thomas.Monteleone@state.ma.us

Worcester

Screening and Treatment of Early Psychosis (STEP) Clinic

University of Massachusetts Medical School
55 Lake Ave N
Worcester, MA 01655

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We provide medication, individual and family based therapy on NAVIGATE model and coordinate supported employment/education with outside providers.”

Website: <http://umassmed.edu/psychiatry/psychoticdisordersclinic/stepclinicstaff>

Contact:

Dr. Xiaoduo Fan, MD, MPH, MSc, Director

Email: xiaoduo.fan@umassmed.edu

MICHIGAN

[State Contact]

Cathy Adams

Michigan FEP Training and Implementation Consultant

E-mail: adams@etchwellness.org

East Lansing

Early Treatment and Cognitive Health (ETCH)

4572 S Hagadorn Rd, Ste 1E
East Lansing, MI 48823

Populations served: First Episode Psychosis

– schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 15-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <http://etchwellness.org>

Phone: 517-481-4800

Fax: 517-481-4801

Contact:

Cathy Adams, LMSW, ACSW, CAADC, Clinical Director

Grand Rapids

InterAct of Michigan

Part of the NAVIGATE Program

1131 Ionia St NW
Grand Rapids, MI 49503

Website: <http://interactmich.org>

Contact:

Carey Cutcher, LMSW, NAVIGATE Team Supervisor

Phone: 616-259-7921

Fax: 616-259-7909

Southfield

NAVIGATE Team of Easter Seals Michigan

Part of the NAVIGATE Program

22170 W 9 Mile
Southfield, MI 48033

Website: <http://interactmich.org>

Contact:

Laura Brdak, MA, LLP, Navigate Project Director

Phone: 248-372- 6868

MINNESOTA

Minneapolis

First Episode Psychosis Program (FEPP)

University of Minnesota Medical Center
2450 Riverside Ave
Minneapolis, MN 55454

Website: <https://mhealth.org>

Phone (Inpatient Program): 612-672-6600

Phone (Outpatient Program): 612-672-2736

Phone (Referrals): 612-672-7575

MISSISSIPPI

Greenwood

NAVIGATE-Enhanced PACT Team

Part of the [NAVIGATE](#) Program

Life Help/Region VI CMHC
2504 Browning Rd
Greenwood, MS 38930

Contact:

India A. Mitchell, Team Leader

Phone (Office): 662-453-6211 ext. 303

Phone (Cell): 662-299-4466

Email: indiagranderson@hotmail.com

Email: indiagranderson@region6-lifehelp.org

MISSOURI

St. Louis

First Contact Assessment Service

The Conte Center
Washington University in St. Louis School of
Medicine
24 S Kingshighway
St. Louis, MO 63108

Website: <http://conte.wustl.edu/FirstContactAssessmentService.aspx>

Phone: 314-747-2160

Fax: 314-747-2182

Contact:

Angela M. Reiersen, MD

MONTANA

Billings

NAVIGATE-Enhanced TAY Team

Part of the [NAVIGATE](#) Program

LEAD (Launch, Emerge, Achieve, Decide) Program

The Center for Children and Families

3021 3rd Ave N, Billings MT

Contact:

Sue Anderson, Team Leader

Phone (Line 1): 406-690-6452

Phone (Line 2): 406-294-5090

Email: suea@forfamilies.org

NEW HAMPSHIRE

[State Contact]

Mary Brunette, MD

Dartmouth Professor & Medical Director of NH
Bureau of Behavioral Health

E-mail: mary.f.brunette@dartmouth.edu

NEW MEXICO

Albuquerque

EARLY Psychosis Consultation Clinic

University of New Mexico Mental Health Center
2600 Marble NE
Albuquerque, NM 87131

Website: <http://psychiatry.unm.edu/about/index.html>

Phone: 1-888-NM-EARLY (1-888-663-1759)

Contact:

Dawn Halperin, MA, LPCC

Phone: 505-272-3602

Email: dhalperin@salud.unm.edu

NEW YORK

Albany

OnTrackNY Parsons

Part of the [OnTrackNY](#) Program

Parsons Child and Family Center
401 New Karner Rd, 2nd Floor
Albany, NY 12205

Populations served: First Episode Psychosis –
schizophrenia spectrum

Ages served: 16-30

Insurance accepted: All

Service model: Coordinated Specialty Care
(CSC)

Website: <http://parsonscenter.org/program/ontrackny>

Phone: 518-292-5451

Email: OnTrackNY@ParsonsCenter.org

Buffalo

NAVIGATE Team of the Adult, Child, and Family Clinic

Part of the [NAVIGATE](#) Program

Erie County Medical Center
462 Grider St
Buffalo, NY 14215

Populations served: First Episode Psychosis –
schizophrenia and bipolar spectrums, Psychosis
Risk/Prodrome

Ages served: 14-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “A unique feature of our program is that, because we are a part of Erie County Medical Center, our program is better able to coordinate with the psychiatric emergency room, inpatient psychiatry, and follow-up programs to ensure early intervention and continuity of care.”

Website: <http://ecmc.edu/progress/behavioral>

Contact:

Elley Newton, LMSW

Phone: 716-898-1970

Email: enewton@ecmc.edu

Contact:

Janelle Baker, LCSW

Phone: 716-898-5713

Email: JBakern@ecmc.edu

OnTrackNY at Lake Shore Behavioral Health, Inc.

Part of the [OnTrackNY](#) Program

Lakeshore Behavioral Health
255 Delaware Ave, Suite 400
Buffalo, NY 14202

Website: <http://lake-shore.org/what-we-do/mental-health1/ontrack>

Phone: 716-566-6188

Contact:

Jill Cooke, Outreach and Recruitment Coordinator

Contact:

Jill Dunstan, LMHC, CASAC, Team Leader

Email: jdunstan@lake-shore.org

Brooklyn

Kings OnTrackNY

Part of the [OnTrackNY](#) Program

Behavioral Health Services – R Building
Kings County Hospital Center
451 Clarkson Ave
Brooklyn, NY 11203

Phone: 718-245-5242

Long Island

OnTrackNYSuffolk

Part of the [OnTrackNY](#) Program

Farmingville Mental Health Clinic
15 Horseblock Pl
Farmingville, NY 11738

Phone: 631-854-2400

Contact:

Paula Peterson, LCSW-R, Outreach and Recruitment Coordinator

Email: paula.peterson@suffolkcountyny.gov

Recognition and Prevention Program (RAP)

Psychiatry Research
The Zucker Hillside Hospital
75-59 263rd St
Glen Oaks, NY 11004

Website: <http://rapprogram.org>

Phone: 718-470-8115

Contact:

Ruth Olsen, BS

Email: rolsen2@nshs.edu

Contact:

Barbara Cornblatt, PhD, MBA, Director

Manhattan

The Center of Prevention & Evaluation (COPE)

Columbia University Department of Psychiatry
New York State Psychiatric Institute
1051 Riverside Dr
New York, NY 10032

Website: <http://columbiapsychiatry.org/researchclinics/prodromal-clinic>

Phone: 646-774-5232

Contact:

Ragy Girgis, MD, Director

Email: rg2290@columbia.edu

Contact:

Gary Brucato, PhD, Assistant Director

Phone: 646-774-5232

Email: gb2428@cumc.columbia.edu

Early Treatment Program (ETP) – Upper East Side

Part of the [Early Treatment Program \(ETP\)](#)

Dept. of Psychiatry at Lenox Hill Hospital
111 E 77th St
New York, NY 10075

Website: <https://northwell.edu/find-care/services-we-offer/early-treatment-program>

Phone: 212-434-2830

New York City

Early Treatment Program (ETP) – Zucker Hillside Hospital

Part of the [Early Treatment Program \(ETP\)](#)

75-59 263rd St
Glen Oaks, NY 11004

Populations served: First Episode Psychosis – schizophrenia spectrum, Psychosis Risk/Prodrome

Ages served: 15-35

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC), Open Dialogue

Website: <https://northwell.edu/find-care/services-we-offer/early-treatment-program>

Phone: 718-470-8888

Email: EarlyTreatmentProgram@NSHS.edu

OnTrackNY at the Jewish Board

Part of the [OnTrackNY](#) Program

The Jewish Board of Family and Children's Services
135 W 50th St, 6th Floor
New York, NY 10020

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-30

Insurance accepted: Medicaid, Private

Service model: Coordinated Specialty Care (CSC)

Website: <https://northwell.edu/find-care/services-we-offer/early-treatment-program>

Phone: 212-632-4721

Contact:

Daniel Tanh, LMSW, Outreach and Recruitment Coordinator

Email: dtanh@jbfcs.org

PEER Program at the Psychiatric Recovery Center (PRC)

Outpatient Psychiatry
Mount Sinai St. Luke's Hospital Center
1111 Amsterdam Ave
New York, NY 10025-1716

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 18-70 (for PRC)

Insurance accepted: Medicaid, Medicare, Private

Service model: Open Dialogue

Additional info: “The Psychiatric Recovery Center (PRC) cares for individuals with psychotic disorders such as schizophrenia, schizoaffective and bipolar disorder with psychotic features. PRC provides psychiatric care (including psychopharmacological treatment); individual, family and group therapies; and integrated care for comorbid substance use disorders and medical disorders. Embedded within the clinic is also the PEER Program, for young adults experiencing a first episode of psychosis.”

Phone: 212-523-4000

The Lieber Schizophrenia Research Clinic (LSRC)

New York State Psychiatric Institute
1051 Riverside Dr, Unit 2
New York, NY 10032

Note: Not a FEP or early psychosis intervention program, but offers services for individuals diagnosed with schizophrenia ages 18-65. Can be a resource for early intervention eligible young people.

Website: <http://columbiapsychiatry.org/researchclinics/lieber-schizophrenia-research-clinic>

Phone: 212-543-5418

Contact:

Joshua Kantrowitz, Director

Email: kantrow@pi.cpmc.columbia.edu

OnTrackNYC Washington Heights

Washington Heights Community Services
Center for Practice Innovations
Division of Mental Health Services and Policy Research
Columbia Psychiatry
New York State Psychiatric Institute, Box 100
1051 Riverside Dr
New York, NY 10032

Website: <http://columbiapsychiatry.org/nyspi/patients-and-families/ontrack-ny-connections-program>

Phone: 646-774-8422

Email: cpihelp@nyspi.columbia.edu

Contact:

Lisa Dixon, MD, MPH, Director

Fax: 646-774-8421

Contact:

Sapna Mendon, LMSW, Director of Program Evaluation

Phone: 212-740-7671

Fax: 212-543-5041

Email: mendons@nyspi.columbia.edu

Syracuse/Central New York

OnTrackNY Central New York

Hutchings Psychiatric Center
600 Genesee St, 1st Floor, Ste 123
Syracuse, New York 13202

Phone: 315-728-4323

Email: ONTRACK-CNY@omh.ny.gov

Contact:

Julie Aspenleiter, PsyD, Outreach and Recruitment Coordinator

Yonkers

OnTrackNY Westchester

The Mental Health Association of Westchester
20 S Broadway, Ste 1111
Yonkers, NY 10701

Website: <http://ontracknymha.org>

Phone: 914-666-4646 ext.7727

Email: ontrackny@mhawestchester.org

Contact:

Tia Dole, Team Leader

NORTH CAROLINA

Carrboro

OASIS at UNC School of Medicine

Part of the [Outreach and Intervention Support Services \(OASIS\)](#) Program

UNC Center for Excellence in Community
Mental Health

Dept. of Psychiatry

UNC School of Medicine

200 N Greensboro St, Ste C-6

Carrboro, NC 27510

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Additional info: “We operate two First Episode Psychosis Services clinics: one that has operated since 2005, and one funded through the SAMHSA Mental Health Block Grant set aside initiative. We also have an associated CSC Technical Assistance Program which is assisting the State of North Carolina’s Department of Mental Health create and expand a best practices model for CSC services throughout North Carolina.”

Website: <http://med.unc.edu/psych/cecmh/patient-client-information/oasis>

Phone: 919-962-1401

Fax: 919-962-7373

Contact:

Diana Perkins, MD, Medical Director

Email: diana_perkins@med.unc.edu

Chapel Hill

Prevention Through Risk Identification Management & Education (PRIME) Study

University of North Carolina at Chapel Hill

Dept. of Psychiatry
Chapel Hill, NC 27599-2200

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome

Ages served: 15-36

Website: <https://med.unc.edu/psych/cecmh/oasis/research/current-studies/prime>

Phone: 877-774-6319

Contact:

Jennifer Nieri, LCSW

Phone: 919-966-8341

Email: jennifer_nieri@med.unc.edu

Contact:

Dylan Grewen, BA, CPT

Phone: 919-843-3421

Email: dylan_grewen@med.unc.edu

Raleigh

OASIS Raleigh

Part of the [Outreach and Intervention Support Services \(OASIS\)](#) Program

3010 Falstaff Rd, Ste 107
Raleigh, NC 27610

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 15-30

Website: <http://med.unc.edu/psych/cecmh/patient-client-information/oasis>

Phone: 919-445-0401

OREGON

[State Contacts]

Jean Lasaster, MA

Young Adult Services Coordinator
Addictions & Mental Health
Oregon Health Authority

Phone (Office): 503-947-5538

Phone (Cell): 503-569-0609

Fax: 503-947-5043

E-mail: jean.c.lasater@state.or.us

Early Assessment and Support Alliance (EASA)

EASA hosts programs in most Oregon counties. A complete and frequently updated list of programs is available at <http://easacommunity.org/easa-programs.php>

OHIO

Akron/Summit County

FIRST Summit County

Part of the [FIRST](#) Network

Child Guidance & Family Solutions
18 N Forge St
Akron, OH 44304-1317

Contact:

FIRST Summit County Team Leader

Phone: 234-788-1646

Bowling Green/Wood County

FIRST Lucas and Wood Counties

Part of the [FIRST](#) Network

COMPASS, A Division of the Zepf Center
541 W Wooster St, 3rd Floor
Bowling Green, OH 43402

Contact:

FIRST Lucas and Wood Counties Team Leader

Phone: 419-764-2773

Canton/Stark County

FIRST Stark County

Part of the [FIRST](#) Network

Coleman Professional Services
400 Tuscarawas St W, Ste 200
Canton, OH 44702

Contact:

FIRST Stark County Team Leader

Phone: 330-541-1877

Cleveland/Cuyahoga County

FIRST Cuyahoga County

Part of the [FIRST](#) Network

Catholic Charities Diocese of Cleveland
The Covenant
1515 W 29th
Cleveland, OH 44113

Contact:

FIRST Cuyahoga County Team Leader

Phone: 216-339-1438

Columbus

Early Psychosis Intervention Center (EPICENTER) - Ohio

Department of Psychiatry and Behavioral Health
The Ohio State University
1670 Upham Dr
Columbus, OH 43210

Phone: 614-685-6052

Contact:

Dr. Nicholas Breitborde, Director

Greater Cincinnati Area

FIRST Greater Cincinnati, Hamilton County

Part of the [FIRST](#) Network

Hamilton County Location:

Greater Cincinnati Behavioral Health Services
7162 Reading Rd, Ste 400
Cincinnati, OH 45237

Clermont County Location:

Greater Cincinnati Behavioral Health Services
1074 Wasserman Way
Batavia, OH 45103

Website: <http://gcbhs.com>

Contact:

FIRST Greater Cincinnati Area Team Leader

Phone: 513-354-7337

Greater Lima

FIRST Greater Lima

Part of the [FIRST](#) Network

Coleman Professional Services
799 S Main St
Lima, OH 45804

Contact:

FIRST Greater Lima Team Leader

Phone: 330-541-8543

Kent/Portage County

FIRST Portage County

Part of the [FIRST](#) Network

Coleman Professional Services – Portage Co.
Offices
5982 Rhodes Rd
Kent, OH 44240

Contact:

FIRST Portage County Team Leader

Phone: 330-676-6859

Rootstown

The Best Practices in Schizophrenia Treatment (BeST) Center

4209 State Route 44
Rootstown, OH 44272

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 15-40

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <http://neomed.edu/academics/bestcenter/bestpracticefirstepisodepsychosis>

Phone: 330-325-6695

Contact:

Vicki L. Montesano, Associate Director

Phone: 330-325-6696

Email: vmontesano@neomed.edu

Contact:

Heather Pokrandt, Consultant Trainer for FIRST Programs

Email: hpokrandt@neomed.edu

Toledo, Lucas County

FIRST Lucas & Wood Counties

4209 State Route 44
Rootstown, OH 44272

Part of the [FIRST](#) Network

Zepf Center Central Community Support Location:

Medical and Vocational Services
6605 W Central Ave
Toledo, OH 43617

Zepf Center Nebraska Medical Location:

Child and Adolescent Services
905 Nebraska Ave
Toledo, OH 43607

Contact:

FIRST Lucas and Wood Counties Team Leader

Phone: 419-764-2773

Warren/Trumbull County

FIRST Trumbull County

Part of the [FIRST](#) Network

Coleman Professional Services Offices
552 N Park Ave
Warren, OH 44481-1117

Contact:

FIRST Trumbull County Team Leader

Phone: 330-541-1732

Youngstown/Mahoning County

FIRST Mahoning County

Part of the [FIRST](#) Network

Turning Point Counseling Services
611 Belmont Ave
Youngstown, OH 44502

Contact:

FIRST Mahoning County Team Leader

Phone: 234-201-2512

OKLAHOMA

Oklahoma City

NAVIGATE Program of HOPE Community Services

HOPE Community Services, Inc.
6100 S Walker Ave
Oklahoma City, OK 73139

Website: <http://hopecsi.org/SitePages/Services%20Offered.aspx>

Contact:

Leslie Hebert, Director

Email: lahebert@hopecsi.org

PENNSYLVANIA

Philadelphia

Penn Psychosis Evaluation and Recovery Center (PERC)

Dept. of Psychiatry – Neuropsychiatry Section
Hospital of The University of Pennsylvania
Gates Building, 10th Floor
Philadelphia, PA 19104

Website: <http://med.upenn.edu/perc>

Phone: 215-615-3292

Fax: 215-662-7903

Contact:

Dr. Christian G. Kohler, MD, Director

PEACE (Psychosis Education, Assessment, Care, and Empowerment)

A Program of Horizon House
3819 Chestnut St, Garden Level
Philadelphia, PA 19104

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums, Psychosis Risk/Prodrome, Other

Ages served: 15+

Insurance accepted: Medicaid, Uninsured, Private Pay

Service model: Coordinated Specialty Care (CSC)

Additional info: “We provide a comprehensive set of services including individual CBT and group therapy, multi-family group psychoeducation, occupational therapy, peer support, evidence-based psychopharmacology, supported employment and education, art therapies, nursing support, and others. Our focus is on resiliency and assisting individuals with early psychosis to get back to their lives.”

Website: <http://phillypeace.org>

Phone: 215-38-PEACE (215-387-3223)

Fax: 215-387-3203

Email: peace@hhinc.org

Contact:

Irene Hurford

Email: irene.hurford@hhinc.org

TEXAS

[State Contacts]

Warren Stewart, Program Specialist

Dept. of State Health Services

Phone: 512-838-4327

E-mail: Warren.Stewart@dshs.state.tx.us

Reese Carroll

Phone: 512-838-4339

E-mail: Reese.Carroll@dshs.state.tx.us

Dallas

First Episode Psychosis Program (FEPP)

UT Southwestern Medical Center

Dept. of Psychiatry

6363 Forest Park Rd, Ste 651

Dallas, TX 75390-8828

Service model: Coordinated Specialty Care (CSC)

Website: <http://utsouthwestern.edu/education/medical-school/departments/psychiatry/index.html>

Phone: 214-648-4603

Email: first.episode.psychosis@utsouthwestern.edu

Contact:

Dr. Carol Tamminga, MD, Chairman

UTAH

Ogden

Weber & Morgan County First Episode Psychosis Program

Weber Human Services

237 26th St

Ogden, UT 84401

Website: <https://weberhs.org/home>

Phone: 801-778-6832

Contact:

Jayne N. Kashiwaeda, LCSW

E-mail: jaynek@weberhs.org

VIRGINIA

[State Contacts]

Rhonda Thissen, MSW

Virginia DBHDS, Office of Mental Health Services

Phone: 804-786-2316

E-mail: Rhonda.Thissen@dbhds.virginia.gov

State Website for Early Psychosis Intervention

The website includes area eligibility and contact information for each program:
<http://dbhds.virginia.gov/individuals-and-families/mental-health-services/coordinated-specialty-care-for-young-adults>

Alexandria

Transitioning Adults Into Living Successfully (TRAILS)

Alexandria City Hall
301 King St
Alexandria, VA 22314

Ages served: 16-25

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Residents of Alexandria

Website: <https://alexandriava.gov/dchs/adult-services/default.aspx?id=86020>

Phone: 703-746-3441

Email: trails2recovery@alexandriava.gov

Contact:

Nicole Rohrer

Phone: 703-746-5700

Abingdon

NAVIGATE Team of Highlands Community Services

Part of the [NAVIGATE](#) Program

610 Campus Dr
Abingdon, VA 24210

Contact:

Sydney Peltier, Team Leader

Email: speltier@highlandscsb.org

Fairfax

Turning Point

8221 Willow Oaks
Corporate Drive
Fairfax, VA 22031

Populations served: First Episode Psychosis – schizophrenia spectrum

Ages served: 16-26

Insurance accepted: “Turning Point does not bill insurance but has a monthly fee set to a sliding scale.”

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Residents of Alexandria

Website: <http://turningpointcsc.org>

Phone: 703-383-8535

Contact:

Marla Zometski

Phone: 703-383-8535

Henrico

INSTRIDE

Henrico County Mental Health and Developmental Services

10299 Woodman Rd
Glen Allen, VA 23060

Website: <http://henrico.us/mhds>

Phone: 804-727-8500

Contact:

Tisha Parson

Phone: 804-727-8515

Loudoun County

Linking Individuals & Navigating Care (LINC)

Mental Health, Substance Abuse, & Developmental Services

Populations served: First Episode Psychosis – schizophrenia and bipolar spectrums

Ages served: 16-30

Insurance accepted: All

Service model: Coordinated Specialty Care (CSC)

Area eligibility: Loudoun County residents

Website: <https://loudoun.gov/LINC>

Contact:

Lisa Beran

Phone: 703-842-0147

Prince William

GetOnTrack

Prince William County Community Services
Community Residences, Inc.

Website: <http://communityresidences.org/getontrack/about-getontrack>

Contact:

DeAnne Mullins

Phone: 703-842-2301

Rappahannock/Rapidan (Culpeper)

Young Adult Coordinated Care Program

Rappahannock Rapidan Community Services (RRCS)

Area eligibility: Culpeper, Fauquier, Madison, Orange and Rappahannock County residents

Website: <https://rrcsb.org>

Phone: 540-825-3100

Email: YACC@rrcsb.org

Western Tidewater

Life Management Program

Western Tidewater Community Services Board

5268 Godwin Blvd
Suffolk, VA 23434

Website: <http://wtcsb.org>

Contact:

Deborah A. Hall, Clinical Supervisor

Phone: 757-255-7134

Email: dahall@wtcsb.org

WASHINGTON

[State Contacts]

Haley Lowe, MA

Behavioral Health Program Administrator

New Journeys

E-mail: lowehj@dshs.wa.gov

State Website for Early Psychosis Intervention

<http://fpaws.org/content/get-help-early-washington-states-early-psychosis-initiative>

Yakima

New Journeys Early Intervention Project

Central Washington Comprehensive Mental Health Services

402 S 4th Ave

PO Box 959

Yakima, WA 98907

Populations served: First Episode Psychosis

– schizophrenia and bipolar spectrums

Ages served: 15-25

Insurances accepted: All

Service model: Coordinated Specialty Care (CSC)

Website: <http://utsouthwestern.edu/education/medical-school/departments/psychiatry/index.html>

Phone: 509-575-4084

Email: first.episode.psychosis@utsouthwestern.edu

Contact:

Dr. Carol Tamminga, MD, Chairman

WISCONSIN

[State Contacts]

Ryan Stachoviak, MPH

Mental Health Planner

Bureau of Prevention, Treatment & Recovery
Division of Mental Health & Substance Abuse Services

Department of Health Services

1 W Wilson St

Madison, WI 53707

Phone: 608-261-9316

E-mail: Ryan.Stachoviak@wisconsin.gov

Renee Sutkay, MS, LPC

Clinical Team Manager

Journey Mental Health Center
PROPs & CCS

Phone: 608-280-3140

Madison

Promoting Recovery from Onset of Psychosis (PROPs)

Journey Mental Health Center
625 W Washington Ave
Madison, WI 53703

Website: <https://props.journeymhc.org>

Phone: 608-280-3140

Fax: 608-280-3143

Email: props.referrals@journeymhc.org

Milwaukee

Wraparound Milwaukee

9201 W Watertown Plank Rd
Milwaukee, WI 53226

Populations served: First Episode Psychosis – schizophrenia spectrum, Other

Ages served: 8-23

Insurances accepted: Medicaid

Service model: Coordinated Specialty Care (CSC)

Website: <http://wraparoundmke.com>

Phone: 414-257-7639

