

EASA Core Presentation Elements: Checklist

___ Most people are surprised to know psychosis is **one of the most common adolescent health conditions**.

___ There are **many causes**.

- Far more common than insulin-dependent (Type 1) diabetes & just as treatable- about 16 times more common
- About one youth in every classroom will experience psychosis at some point
- Anyone can develop psychosis*. Causes can include... not sleeping for multiple days, steroids or other drugs (prescribed & otherwise), many medical conditions, genetics
- About 3 in 100 will develop psychosis associated with a serious mental illness such as schizophrenia, bipolar disorder or major depression

___ **Gradual onset is the norm** & provides the opportunity for early identification .

- Early symptoms can be the most disabling

___ **Know the symptoms**

- Review acute symptoms
- Review early symptoms in detail & refer to brochure/take-away
- May start using drugs because of symptoms. *If you think it's drugs, think twice!*

___ **Importance of early treatment:** Your early referral can make the difference between someone staying in their lives or losing it!

___ Our goal is to make treatment **easy to access and effective** as possible. Services are based on the most current research.

- Anyone can refer
- Services regardless of ability to pay
- Review services available
 - Psychiatry & nursing
 - Individualized counseling, supported employment & education
 - Multi-family groups & family support
 - Occupational therapy
- Transitional (2-year) program with goal of connecting to ongoing supports

___ Review general eligibility criteria (region, age, how recent onset, IQ)

___ What to expect if you refer

- If you refer stay in touch with the person & us until we know they're appropriate & Connected

___ **Call quickly!**

- Give out brochures & cards

___ **Help us get the word out** (who else could we talk to)

___ Questions/answers