

VOLUNTEER WITH EASA



Multnomah EASA

Want to meet new people? Help EASA evolve? Build your resume? Or just looking for something to do?

VOLUNTEER WITH EASA!

- Help educate the community about psychosis
- Share your story with others
- Join the statewide EASA Youth Leadership Council
- Help interview new EASA team candidates
- Mentor incoming EASA members
- Participate in research regarding psychosis
- Attend monthly Multnomah EASA Advisory Council meetings
- Attend weekly Advisory Committee meetings
- Volunteer to assist with EASA event planning, including group activities, socials, and trainings



Fill in your information and return this bottom portion to an EASA staff member. We'll add your information to our list of volunteers and will contact you with more information.

Name: _____

Email: _____

Phone: _____

How should we reach you? Email Phone call Text

I'm interested in the following areas:

Advocacy & education

Group activities & events

Not sure - where ever you need me

Special projects: _____

Other: _____

See reverse side for descriptions of these opportunities

Advocacy and Education

Young Adult Leadership Council

This Council is comprised of teens and young adults who are currently or have been in EASA programs. The Council looks at ways to improve the experience of people who come through EASA. Members commit to monthly Saturday meetings for six months (in person, by phone or computer). A brief application is required and stipends are available for your time!

Multnomah EASA Advisory Council

MEAC is a monthly meeting held to promote consumer, family and community involvement. Held on the 2nd Wednesday of each month from 5:30-7pm at the Lincoln Building. Snacks provided!

Advisory Committee

This group consists of EASA staff and volunteers working to identify and implement projects and recommendations from MEAC, and assist with planning for EASA events and activities. We meet each Tuesday from 10-11am at the Lincoln Building.

Group Activities and Events

EASA Socials

Socials are held on the 4th Wednesday of every month. These events are an opportunity to explore the community and meet new people in the EASA program. If you would like to help plan a community outing or activity, or would just like to join our fun, this group is for you!

Graduation

This annual event is typically held the beginning of September to celebrate the achievements of EASA participants. Volunteers are welcomed for planning, set up and clean up, and to celebrate with us!

Occupational Therapy Group

OT Group meets each Wednesday from 3-4:30pm at the Lincoln Building where we explore self identity and new interests. Do you have a special skill or interest? Come share it with us!

Community Education

This is an opportunity to educate a variety of community members, including health professionals and new EASA families, about the value of EASA by telling your story at community trainings and program events.

Special Projects

Portland Police Video

This educational video clip will be shown to all Portland Police officers to provide information about how to better serve individuals experiencing psychosis. We are looking for volunteers to assist with all aspects of creating the video, including writing the script, narrating, and sharing your story.

EASA Poster

This creative project will produce a poster to be used in a variety of settings, including schools across the state, to provide education about the early signs of psychosis and the services of the EASA program.

Redesign of EASA Media Material

Our brochures need an upgrade! We are looking for feedback and design suggestions to update our image and promotional materials. No experience needed - we welcome any and all ideas!

