Joining Session

☐ Socializing with family and patient
☐ Exploration of precipitating factors to illness
☐ Review of prodromal symptoms/signs
☐ Family’s reaction to the illness
☐ Family’s coping strategies, successful and unsuccessful

MULTIFAMILY GROUP OR SINGLE-FAMILY SESSIONS

☐ Socializing with families and patients
☐ A Go-Around, reviewing:
☐ Status of employment
☐ Recent life events
☐ Substance use
☐ Applicable guidelines
☐ Selection of a single problem
☐ Formal problem-solving
☐ Problem definition
☐ Generation of possible solutions
☐ Addressing disadvantages and advantages of each
☐ Selection of preferred solution
☐ Delineation of tasks and implementation

MULTIFAMILY GROUP ONE
“Getting to Know One Another”

☐ Socializing
☐ Each individual introduces him, or herself
  Emphasizing strengths and point of pride
☐ Participants do not dwell on illness nor criticize others

MULTIFAMILY GROUP TWO
“Living With a Mental Illness”

Clinician Signature_____________________________________________________ Date__________________

Draft 2002: Family Psychoeducation Fidelity Scale