Competency Checklist for MFG Clinicians

Joining Sessions and Family Workshop

Multifamily Psycho-education Group Treatment

Clinicians ____________________________ Date of Session _____________
Session ____________________________ Date of Rating ______________
Circle One:  Videotape    Audiotape    Self monitor/Discussion

Coding Key:  ✓ = appropriately included  O = optionally omitted  NA = not applicable

Session 1

___ 1. The clinician socialized with the family for 15 minutes.
___ 2. The clinician presented self as a colleague and an advocate.
___ 3. The clinician shared relevant personal information about self.
___ 4. The consumer’s history was reviewed.
___ 5. Early warning signs were identified.
___ 6. Symptoms of the illness were identified.
___ 7. The clinician explained the basic structure of the multifamily group experience and what the family can expect.
___ 8. Emphasis was placed on the concept that the family is not to blame.
___ 9. The clinician shared relevant information about the illness.
___ 10. The session ended with 5 minutes of socialization.

Session 2

___ 1. The clinician socialized with the family for 15 minutes.
___ 2. Exploration of the family’s social network and resources occurred.
___ 3. The clinician identified family and consumer strengths.
___ 4. A genogram or sociogram was used in the session.
___ 5. The session ended with 5 minutes of socialization.
Session 3

1. The clinician socialized with the family for 15 minutes.
2. The clinician facilitated a discussion about the family and consumer’s short-term goals.
3. The clinician facilitated a discussion about the family and consumer’s long-term goals.
4. The clinician answered questions and provided information about the upcoming Family Workshop.
5. Inquires were made regarding the family’s experience with groups and any concerns they may have about groups.
6. The clinician asked the family for information regarding their past experiences with the mental health system care.
7. A discussion occurred regarding the consumer and family’s response to living with and/or around the illness.
8. The session ended with 5 minutes of socialization.

Multifamily Workshop

1. The workshop was structured in a classroom atmosphere.
2. Information about the nature, etiology, course and outcomes of schizophrenia was presented.
3. Information about medications and current treatment was presented.
4. Information about management of the illness was presented.
5. Information regarding common reactions was presented.
6. The Family Guidelines were presented.
7. The problem solving method was presented.
8. Specific questions were answered.
9. Handouts were included and given to families.
10. The clinicians’ manner was collegial, open and encouraged questions from family members.
11. The clinicians acted as hosts, hostesses during the breaks assisting families in feeling comfortable.