

## Case Study

Jonathon is a 15-year-old boy, who is currently being seen in EASA. He is a very kind reserved individual. He will not attend appointments unless he has plenty of warning and if he does not, he does not show up. With a one-week warning for appointments, he is always there. He often presents for therapy in the same hooded sweatshirt and sweatpants and does not appear to be brushing his teeth or washing his hair consistently.

Jonathon has a very supportive family and they are concerned with different areas that they notice are impacting his lifestyle. He lives in a home with two other siblings and a dog that he loves very much.

He has been isolating in his room more often and can no longer comfortably or consistently be out in public, including movies with friends and the store. He will occasionally still go to one of his friend's houses he has known for a long time and they play the card game Magic the Gathering. His mother feels he is often tired and gets angry easily, especially when his siblings have friends over. He generally just stays away, bringing his dog into his room with him and will close his door.

Jonathon has missed a number of school days and when he does go, he often misinterprets the homework instructions so he is behind in his classes. His mother reports it seems to take him a long time to get ready in the morning and he will usually "blow up" if he is pushed. He does not like it when other family members use or put away his things.

He no longer sleeps over at friends' houses because he says he doesn't sleep well and gets very anxious and irritable before traveling with his family. His mother says she feels like the family can no longer do activities they once liked to do together, it's often easier for everyone to just stay home. She feels he has lost his "go getter" attitude he used to have and doesn't know what he's thinking anymore, because she feels she never sees him. While Jonathon's room always has the shades pulled down, he likes listening to music with his headphones, socializing online playing connective video games, and watching movies. He also enjoys walking his dog in the park near to their house and taking pictures of eclectic images naturally found in his environment.