

Summary of webinar

An Occupational Therapy Informed Approach toward Enhancing Skill Development, Routine, and Performance

One of the challenges within EASA is to support ongoing development alongside their peers while addressing specific challenges to learning new skills and supporting routine, when aspects of their daily life may be experienced differently. This presentation offers an occupational therapy informed approach toward addressing the development of skills and shaping of performance patterns while taking into account unique considerations for EASA youth. Practical applications will be offered to explore both the internal and external environment that encompass what it means to create and maintain routine, roles, rituals and the building of skills.