

## Too much Tylenol can badly damage your liver.

**Kids under 12 in your house?  
Keep ALL medications in  
locked cupboards.**

Talk to your doctor, nurse, or case manager before you STOP or START any medication.

Just because it's an over-the-counter med doesn't make it safe!!!

*If you're taking more than 1 over-the-counter medication be sure to check the ingredients. If the same ingredient is in 2 or more, then you will need to choose which medication is more important for you to take. Otherwise, you will probably take an overdose.*

*use only 1 pharmacy - it's easier for the pharmacist to find interactions between drugs.*

**Your medications are yours which have been prescribed because of your needs.  
Another person's medications are theirs because of their needs.  
To be safe, take only medications which have prescribed for you.**

**INTERNET SITES CAN GIVE YOU FALSE INFORMATION.  
Make sure you are checking for information on a reputable site.**