



Family & Friends Leadership Council

We're so glad you're interested in the EASA Family & Friends Leadership Council (FFLC)

Who Are We?

We are people, like you, whose families have been helped by the unique approach EASA brings to the experience and treatment of psychosis. The FFLC is not a support group. It's a way to give back. Convinced that every family should experience the excellence of EASA, our work is focused on recommending improvements to EASA, supporting families in EASA, and advocating for EASA statewide.

Who Can Join the FFLC?

To join the FFLC you must:

- ✓ Have been associated with EASA for at least one year
- ✓ Be able to participate in a monthly two-hour meeting (in person or via video)
- ✓ Be prepared to make at least a 12-month commitment



How To Apply – it's as easy as 1-2-3!

1. Fill out the application, call or email our Council Coordinator, Tamara Sale (info below)
2. Visit one or two FFLC meetings to check us out and see how we work together
3. After you've visited, you'll have a chance to meet with Tamara Sale and a current FFLC member to get your questions answered and to discuss your interest in contributing to the Council.

If you have questions, contact Tamara at salet@ohsu.edu

Please let us know your interest by completing the application and sending it via email to salet@ohsu.edu or by US Mail to:

Tamara Sale, EASA Center for Excellence
OHSU-PSU School of Public Health
1805 SW 4th Avenue, Suite 623 Portland, OR 97201

We will call you to discuss details and answer any questions you may have.



Family & Friends Leadership Council Application

Contact Information

Name: _____

Email: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Preferred method of contact: call email text

EASA Involvement

Is your loved one: Currently in EASA For how long? County: _____

Graduate of EASA Year completed: County: _____

Please check all you've attended: EASA Multi Family Group EASA Educational Seminar
 NAMI Support Group Other Family/Friend support resource:

Logistics

Is there any assistance that will help you to participate?

Would you be able to make a 12-month commitment? Yes Not at this time

Do you speak any language(s) other than English? _____

Would having an interpreter help to make your participation a better experience for you?

Yes ___ No ___

As we aim to achieve statewide participation, teleconferencing will be made available if you are outside of the current meeting location (Portland). Over time, we will be looking for local leadership to help organize local in-person groups around the state. Please check which location is closest to you:

Portland Metro

Central Oregon (Grant County)

North Eastern Oregon

Northern Coast

Southern Coast

Columbia Gorge

South Eastern Oregon

Interests

1. What interests you about being a part of the EASA Family & Friends Leadership Council?

2. What would you have liked to see different about your experience with EASA (either during the program, before or after)?

3. In what ways was EASA most helpful to you?

4. What skills or interests do you bring to the group?

Please complete and return to:

Email to: salet@ohsu.edu

US Mail to: Tamara Sale, EASA Center for Excellence
1805 SW 4th Avenue, Suite 623
Portland, OR 97201