

Competency Checklist for MFG Clinicians
Joining Sessions and Family Workshop
Multifamily Psycho-education Group Treatment

Clinicians _____ Date of Session _____

Session _____ Date of Rating _____

Circle One: **Videotape** **Audiotape** **Self monitor/Discussion**

Coding Key: ✓ = appropriately included ○ = optionally omitted NA = not applicable

Session 1

- ___ 1. The clinician socialized with the family for 15 minutes.
- ___ 2. The clinician presented self as a colleague and an advocate.
- ___ 3. The clinician shared relevant personal information about self.
- ___ 4. The consumer's history was reviewed.
- ___ 5. Early warning signs were identified.
- ___ 6. Symptoms of the illness were identified.
- ___ 7. The clinician explained the basic structure of the multifamily group experience and what the family can expect.
- ___ 8. Emphasis was placed on the concept that the family is not to blame.
- ___ 9. The clinician shared relevant information about the illness.
- ___ 10. The session ended with 5 minutes of socialization.

Session 2

- ___ 1. The clinician socialized with the family for 15 minutes.
- ___ 2. Exploration of the family's social network and resources occurred.
- ___ 3. The clinician identified family and consumer strengths.
- ___ 4. A genogram or sociogram was used in the session.
- ___ 5. The session ended with 5 minutes of socialization.

Session 3

- 1. The clinician socialized with the family for 15 minutes.
- 2. The clinician facilitated a discussion about the family and consumer's short-term goals.
- 3. The clinician facilitated a discussion about the family and consumer's long-term goals.
- 4. The clinician answered questions and provided information about the upcoming Family Workshop.
- 5. Inquires were made regarding the family's experience with groups and any concerns they may have about groups.
- 6. The clinician asked the family for information regarding their past experiences with the mental health system care.
- 7. A discussion occurred regarding the consumer and family's response to living with and/or around the illness.
- 8. The session ended with 5 minutes of socialization.

Multifamily Workshop

- 1. The workshop was structured in a classroom atmosphere.
- 2. Information about the nature, etiology, course and outcomes of schizophrenia was presented.
- 3. Information about medications and current treatment was presented.
- 4. Information about management of the illness was presented.
- 5. Information regarding common reactions was presented.
- 6. The Family Guidelines were presented.
- 7. The problem solving method was presented.
- 8. Specific questions were answered.
- 9. Handouts were included and given to families.
- 10. The clinicians' manner was collegial, open and encouraged questions from family members.
- 11. The clinicians acted as hosts, hostesses during the breaks assisting families in feeling comfortable.