

Welcome to the EASA Statewide Learning Collaborative!

The meeting will start at 9am PT / 10am MT.

- Please remember to mute your microphone when you are not speaking
- Find the handouts at <https://easacommunity.org/pro-resource/easa-statewide-learning-collaborative/>

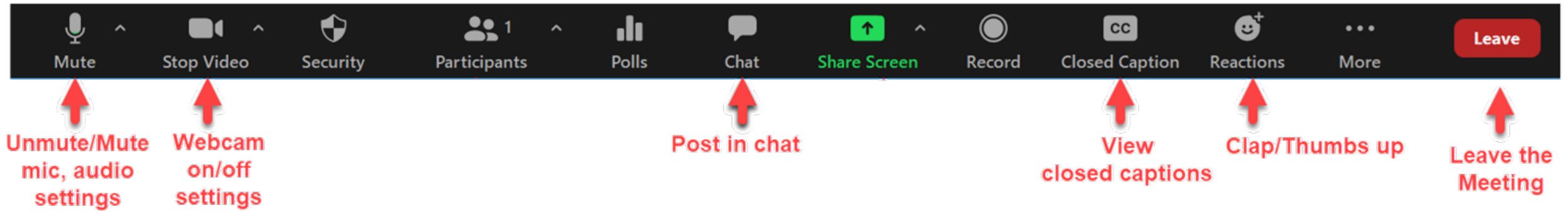
We are grateful to the Oregon Health Authority and the OHSU-PSU School of Public Health for the opportunity to spend time with you today.



Beach Inspirations-Gratitude © Suzie Cheel



Housekeeping



- All documents are available on the website at the link (pasted in chat): <https://easacommunity.org/pro-resource/easa-statewide-learning-collaborative/>
- Closed Captioning is available
- Feel free to introduce yourself and write any questions or comments in chat!
- Keep your video on whenever possible.
- Consider what you need to pay attention and engage.



Please remember to mute your microphone when you are not speaking



Agenda (All times are PST)

9:00 - 9:15am	Welcome and Introductions
9:15 - 9:20am	Voluntary Somatic Grounding Activity
9:20 - 9:40am	Thinking About CHRp presentation
9:40 - 10:15am	Breakout Discussion & Large Group Share
10:15 - 10:30am	<i>Break</i>
10:30 - 11:30am	Regional Breakout Sessions & Large Group Share
11:30 - 11:50am	Reflections – Tamara Sale
11:50 - 12:00pm	Wrap-up & Evaluation



Welcome & Introductions

EASA Center for Excellence, easa@ohsu.edu



Megan Sage ↑
She/Her
Center Director



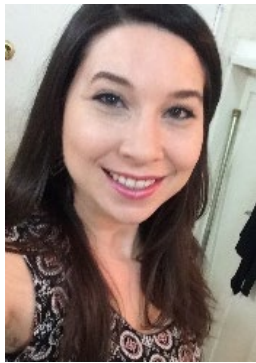
Tania Kneuer
She/Her
OT & IDD Consult Lead



Craigan Usher
He/Him
Psychiatric & Medical Consult Lead



Tamara Sale
She/Her
Former Director



Halley Knowles
She/Her
Program Manager



Tim Casebeer
He/Him
Young Adult Engagement Specialist



Isabella Orozco
She/Her
Research Assistant



Ryan Foley
He/Him
Research Project Coordinator



Welcome & Introductions

OHA – Christie Taylor

Christie Taylor, MSW

She/Her

Young Adult Services Coordinator

Child & Family Behavioral Health

Oregon Health Authority

christie.taylor@oha.oregon.gov



Today's Objectives

- 1) Name founding core EASA principles
- 2) Define CHRp and discuss the diagnostic trajectory of individuals who meet CHRp criteria
- 3) Describe three qualities of hallucinations not typically associated with schizophrenia spectrum disorders in young people and note one tool that can be used to optimally detail the hallucinations and perceptual disturbances described by children and tweens
- 4) Reflect on the history of coordinated specialty care for psychosis and how the EAST and EASA programs have evolved
- 5) Explore how our training, practices, and collaborations are functioning and ways to continue to evolve

Somatic Grounding



C4E Director Transition



(Craigian's Slides)



Breakout Discussion:

Please choose one person to take notes and share with the large group

The (PQ-B) Prodromal Questionnaire-Brief and Structured Interview for Psychosis Risk Syndrome (SIPS) are 2 tools that can be used to identify individuals who are eligible for EASA under Clinical High Risk for psychosis (CHRp)

- 1) Is your EASA program currently serving individuals identified as CHRp using the SIPS? If so, how has the SIPS and/or the PQ-B been helpful in assessment and treatment planning for these individuals and their family members and supports?
- 2) What additional tools or resources do you need to assist you in providing high quality, individualized care for individuals identified as meeting criteria for CHRp?



Sharing information from Breakout Sessions








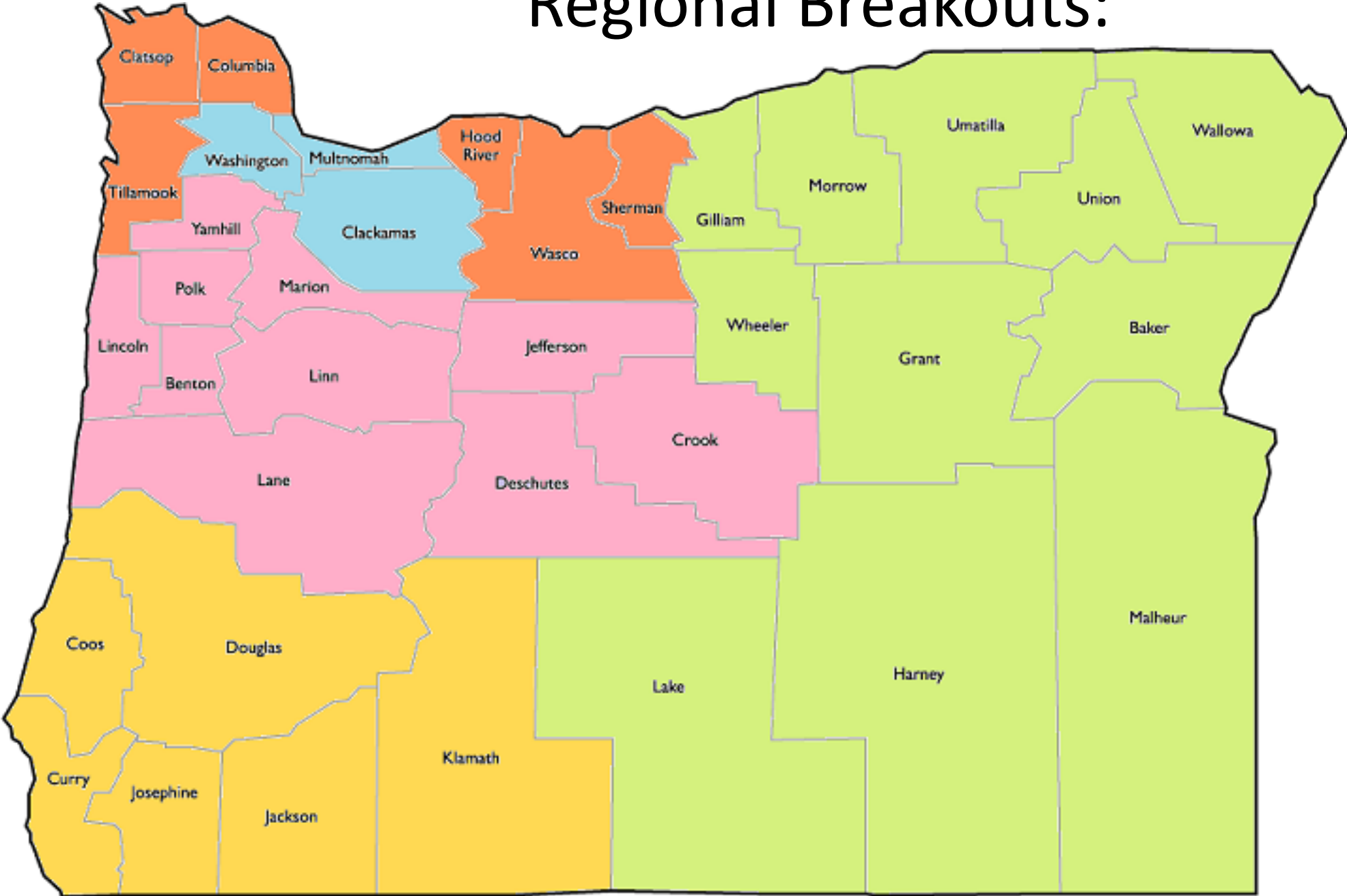
A lush garden scene featuring a central waterfall cascading over rocks. The foreground is filled with a dense field of colorful flowers, including yellow, pink, and red blooms. To the right, there are large bushes of bright pink flowers. The background is filled with tall trees, some with vibrant orange and red autumn foliage, and others with green leaves. The sun is shining brightly through the trees, creating a warm, golden glow. The text "Break Time!" is centered in the image in a large, black, sans-serif font.

Break Time!

Regional Breakouts:



-  Metro
-  Northern Oregon
-  Mid-Valley
-  Eastern Oregon
-  Southern Oregon



Regional Breakout Discussion:

Please choose one person to take notes and share back with the large group

Share team updates and successes!

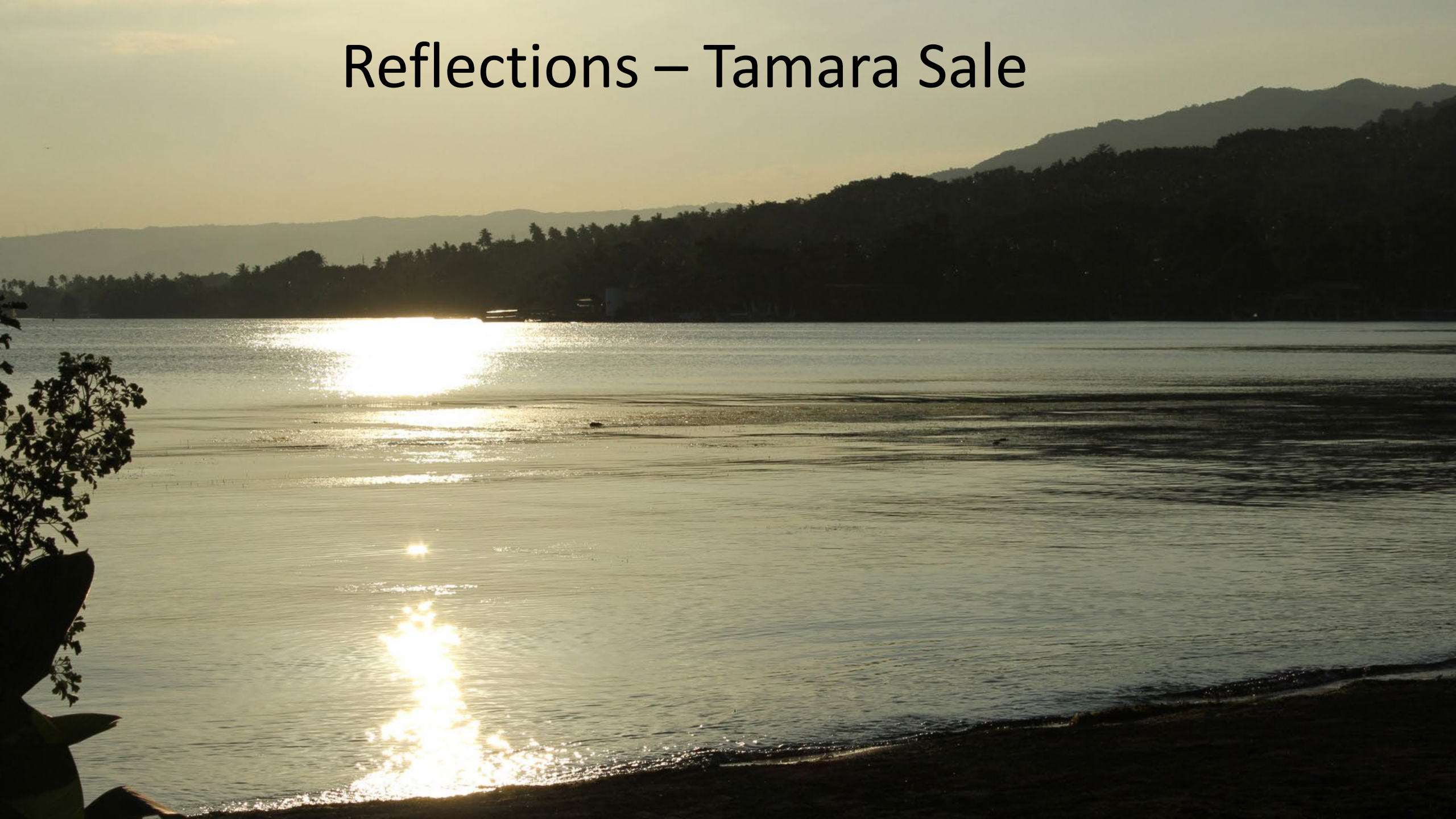
Discussion questions:

- 1) What is your team's process when it is determined that an individual who is brought in under Clinical High Risk for psychosis is no longer a fit for the program?
- 2) If you transition these individuals into other care, what have you found to be helpful in the transition process?
- 3) What are your team's strengths in collaborating to navigate these types of decisions and/or transitions?

A man with a beard and glasses, wearing a white shirt, is seated at a table and speaking to a woman with glasses wearing a blue blazer. They are in a meeting room with a whiteboard and a lamp in the background. A semi-transparent dark box is overlaid on the image, containing the text "Sharing from Regional Breakouts".

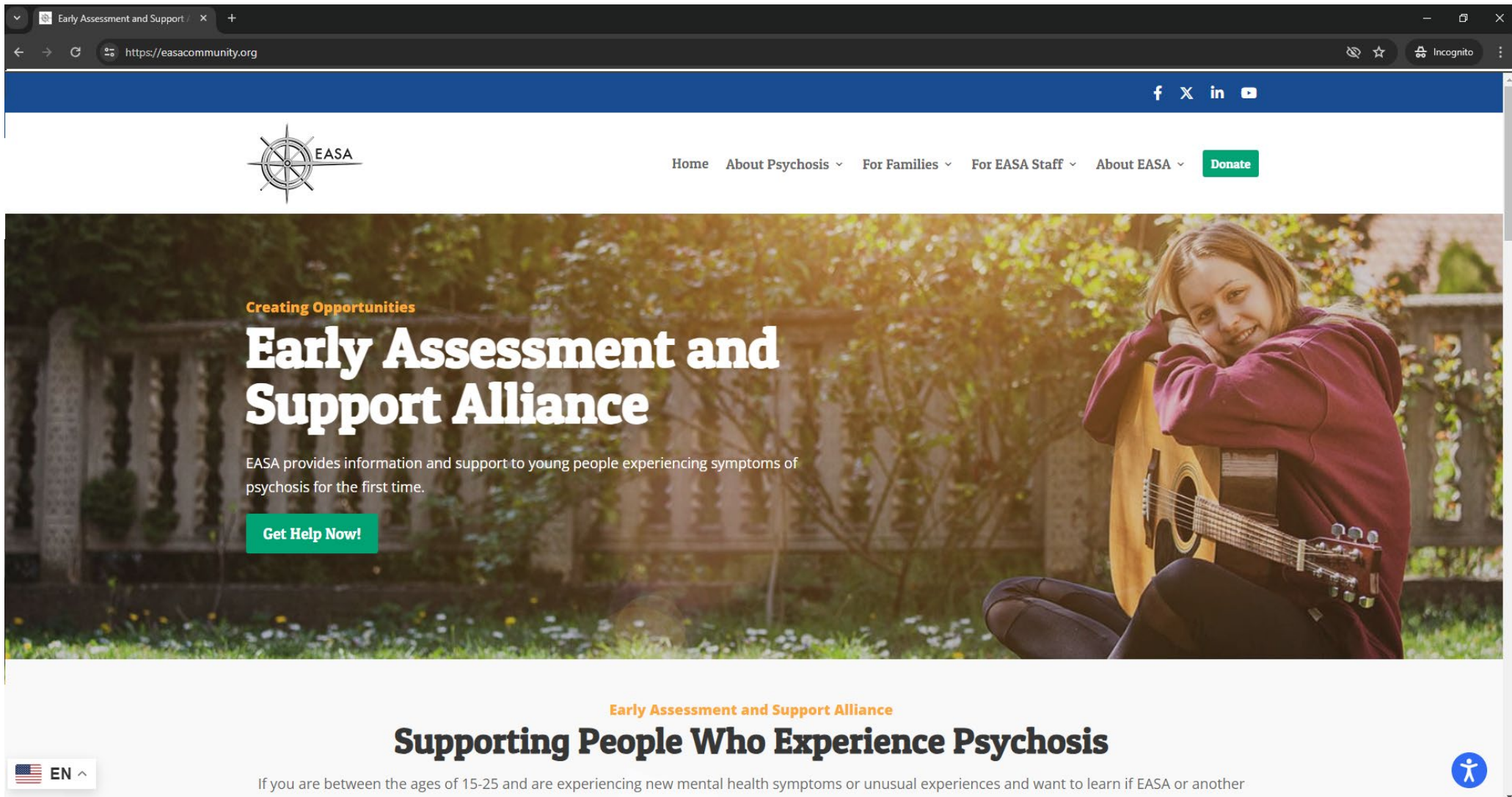
Sharing from Regional Breakouts

Reflections – Tamara Sale



Updated Website:

www.easacommunity.org



The screenshot shows a web browser window displaying the homepage of the Early Assessment and Support Alliance (EASA). The browser's address bar shows the URL <https://www.easacommunity.org>. The website features a blue navigation bar with the EASA logo (a compass rose) on the left and a menu with links for Home, About Psychosis, For Families, For EASA Staff, and About EASA, along with a green 'Donate' button. The main content area has a large background image of a young woman in a maroon hoodie playing an acoustic guitar outdoors. Text on the page includes the tagline 'Creating Opportunities', the main title 'Early Assessment and Support Alliance', and a sub-headline 'Supporting People Who Experience Psychosis'. A green 'Get Help Now!' button is prominently displayed. At the bottom, there is a language selector set to 'EN' and a small icon of a person.

Early Assessment and Support Alliance

Early Assessment and Support Alliance

EASA provides information and support to young people experiencing symptoms of psychosis for the first time.

[Get Help Now!](#)

Supporting People Who Experience Psychosis

If you are between the ages of 15-25 and are experiencing new mental health symptoms or unusual experiences and want to learn if EASA or another



Monthly Statewide Family Council

<https://easacommunity.org/family-and-friends-leadership-council/>

Online every 3rd Thursday @ 6:30pm. Next mtg June 20th.

The screenshot shows the website for the EASA Family and Friends Leadership Council. At the top, there is a navigation bar with the EASA logo (a compass rose) and the text "EASA". To the right of the logo are navigation links: "Home", "About Psychosis", "For Families", "For EASA Staff", and "About EASA", followed by a green "Donate" button. Below the navigation bar is a large banner image of a person's hands holding a white object. Overlaid on the banner is the text "Early Assessment and Support Alliance" in orange, "Family and Friends Leadership Council" in large white font, and "EASA Leadership Council" in bold black font. Below the banner, there is a paragraph of text: "The EASA Family & Friends Leadership Council (FFLC) brings families together to inform improvements to EASA Programs and to build strong advocacy for EASA in Oregon. Our Mission is to help families experience the excellence of EASA." Below this is another heading "Early Assessment and Support Alliance" in orange, followed by "Join Other EASA Family and Friends" in bold black font. At the bottom, there is a paragraph: "Join other EASA family and friends statewide to make a difference for our family members! We meet every 3rd Thursday at 6:30pm Pacific Time (online)." In the bottom left corner, there is a language selector showing "EN" with a small flag icon. In the bottom right corner, there is a small blue icon of a person and a larger blue compass rose logo.

Young Adult Leadership Council

<https://easacommunity.org/young-adult-leadership-council/>

- Statewide YALC Summit Saturday, June 8th @ 11am-1pm
- Monthly Metro and Mid-Valley YALCs

EASA

Home About Psychosis For Families For EASA Staff About EASA Donate

Early Assessment and Support Alliance

EASA Young Adult Leadership Council

Shaping the Direction of EASA

Decision-Making and Peer Support

The Young Adult Leadership Council is a group of young people with lived experience and their allies. It is helping to shape the direction of EASA, emphasizing participatory decision-making and peer support.

Healing and Growth
Providing an experience of healing

Feedback
Responding to/ gathering and

Educating and Supporting
Educating and supporting EASA

Expression
Creating an outlet for expression

EN



Wrap-up and Evaluation

Reflections from today

Q&A

Needs from C4E/OHA

For CEU credit, please fill out the Evaluation Survey:

https://ohsu.ca1.qualtrics.com/jfe/form/SV_0qDVwiK9tJw4jpc

