



EASA Center for Excellence



SCHOOL OF
PUBLIC HEALTH

Welcome to the EASA Statewide Learning Collaborative!

The meeting will start at 9am PST / 10am MT.

- Remember to mute yourself when you are not speaking.
- Find the handouts at <https://easacommunity.org/eslc-handouts-oct-2023.php>
- Find your team's family engagement plan (emailed to you yesterday)



EASA Center for Excellence



SCHOOL OF
PUBLIC HEALTH

Family Engagement in Early Psychosis Intervention (Continued)

Statewide Learning Collaborative
October 10, 2023

EASA Center for Excellence
OHSU-PSU School of Public Health



We are grateful to the Oregon Health Authority and the OHSU-PSU School of Public Health for the opportunity to spend time with you today.



Beach Inspirations-Gratitude © Suzie Cheel



Agenda

| | |
|-------------|--|
| 9:00-10:00 | Welcome & Goals for the day Celebrate Successes Review themes and Feedback from May 2023 EASA Statewide Meeting |
| 10:00-10:30 | Scenario and Structure for Discussion |
| 10:30-11:00 | BREAK |
| 11:00-12:00 | Breakout Groups 1: Respond to scenario from the perspective of your role Large Group: Share how your role approaches the case |
| 12:00-1:00 | LUNCH |
| 1:00-1:45 | Breakout Groups 2: EASA teams continue developing strategies from May 2023 |
| 1:45-2:15 | Breakout Groups 3: Regional groups- successes and questions/areas for improvement |
| 2:15-2:30 | BREAK |
| 2:30-3:30 | Large Group: Q & A, Sharing Resources, Evaluation |



Goals today

- 1) Celebrate our ongoing community and successes; get to know each other a little more and share our knowledge
- 2) Continue our conversation from May about family engagement and talk through a case example
- 3) Explore how the different roles on the team support complex family needs
- 4) Review and continue to develop site-specific and regional strategies for increasing family engagement.

Welcome & Introductions

EASA Center for Excellence, easa@ohsu.edu



Tania Kneuer

She/Her

OT & IDD Consult Lead



Isabella Orozco

She/Her

Research Assistant



Megan Sage ↑

She/Her

Director of Equity & Development



Tamara Sale

She/Her

Center Director



Ryan Foley

He/Him

Research Project Coordinator



Halley Knowles

She/Her

Program Manager



Craigan Usher

He/Him

Psychiatric & Medical Consult Lead



Katie Hayden-Lewis ↑

She/Her

Holistic Care Development Director



Lily Cook

She/Her

Data Manager



Welcome & Introductions

OHA – Christie Taylor

Christie Taylor, MSW

She/Her

Young Adult Services Coordinator

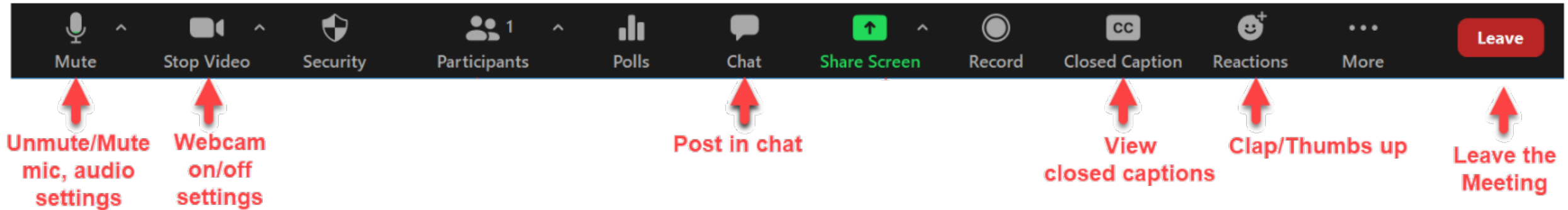
Child & Family Behavioral Health

Oregon Health Authority

christie.taylor@oha.oregon.gov



Housekeeping



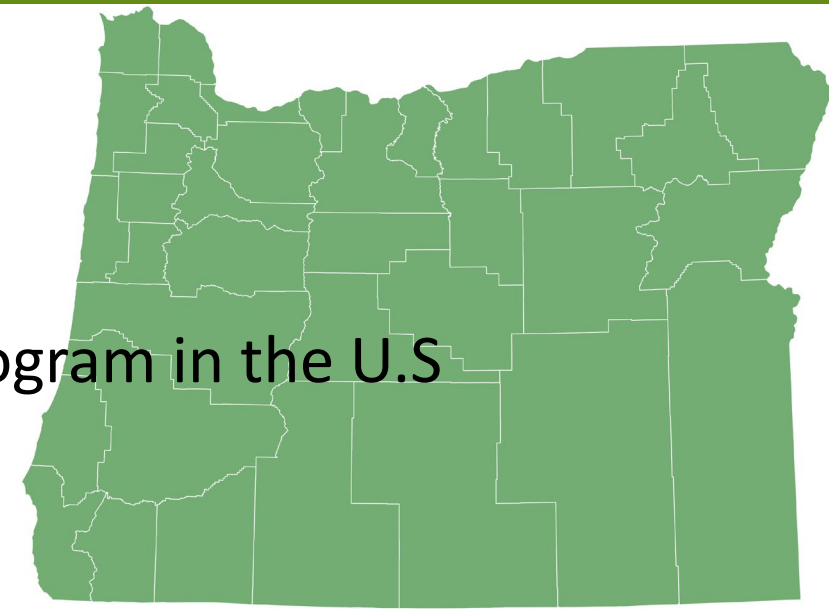
- All documents are available on the website at the link (pasted in chat):
<https://easacommunity.org/eslc-handouts-oct-2023.php>
- Closed Captioning is available!



**Please remember to mute your microphone
when you are not speaking**



When we began...



- April 2001 only community-based early psychosis program in the U.S
 - TODAY: 353
- Five out of 36 counties:
 - TODAY: Working on #36
- Ten staff 10 hrs/week and one full-time
 - TODAY: Hundreds nationwide
- No supported employment, occupational therapy, peer support or nursing
 - TODAY: Core elements, continuing to evolve
- No ongoing funding; 1/3 uninsured
 - TODAY: Dedicated state and federal dollars; 5% uninsured
- No practice guidelines
 - 3 iterations; working on #4



Gratitude

- Tamara last statewide meeting as director
- How long have you been with EASA? (Raise your hand)
- Write in chat 1 thing you are proud of in the work you have done



Innovations

- Please share learning and innovations with us and each other!
- Prequel to two to be featured at Strategy Group on October 26:
 - PeaceHealth study on structured tools
 - Benton community outreach/ posters



Monthly Statewide Family Council

www.easacommunity.org/fflc.php

About EASA > Family & Friends Leadership Council

Family & Friends Leadership Council



The EASA Family & Friends Leadership Council (FFLC) brings families together to inform improvements to EASA Programs and to build strong advocacy for EASA in Oregon.

Our Mission is to help families experience the excellence of EASA.

"We want every family served by EASA to leave the program with positive feelings, acquired life skills, and better outcomes for their child or loved one."

- FFLC Chair

You're Invited! Join other EASA family and friends statewide to make a difference for our family members!

We meet every 3rd Thursday at 6:30pm Pacific Time (online) [RSVP Here >>](#)

What We Do:

Powered with what we've learned through our experiences in EASA, we meet regularly to:

- Recommend improvements to EASA
- Promote initiatives to help families and supporters during their time in EASA
- Advocate for EASA in Oregon

We work on projects that:

- Enhance support for families and friends during their involvement in EASA
- Promote appropriate communication about EASA to potential clients and their families
- Improve the process of transitioning out of EASA
- Encourage community support for individuals and their families
- [See our current projects >>](#)

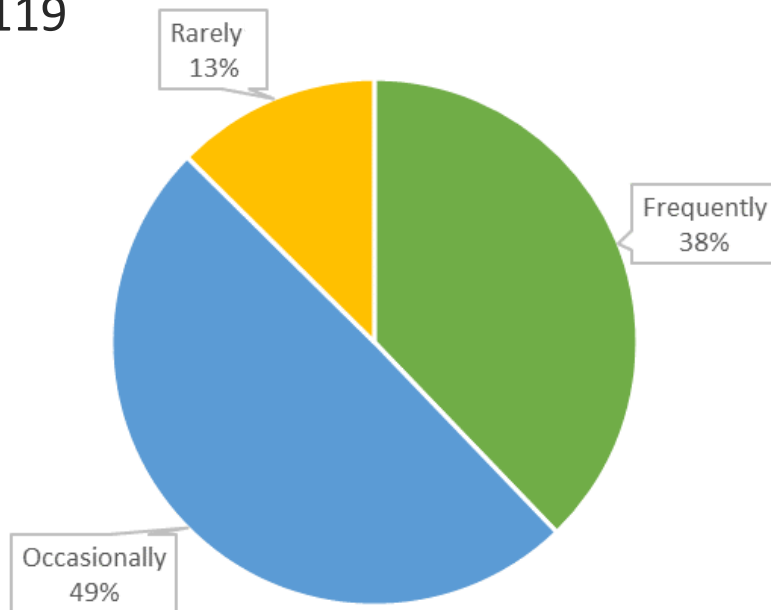
Next
Statewide YALC
Summit Dec. 9th
@ 10am



How often do we engage with families in EASA?

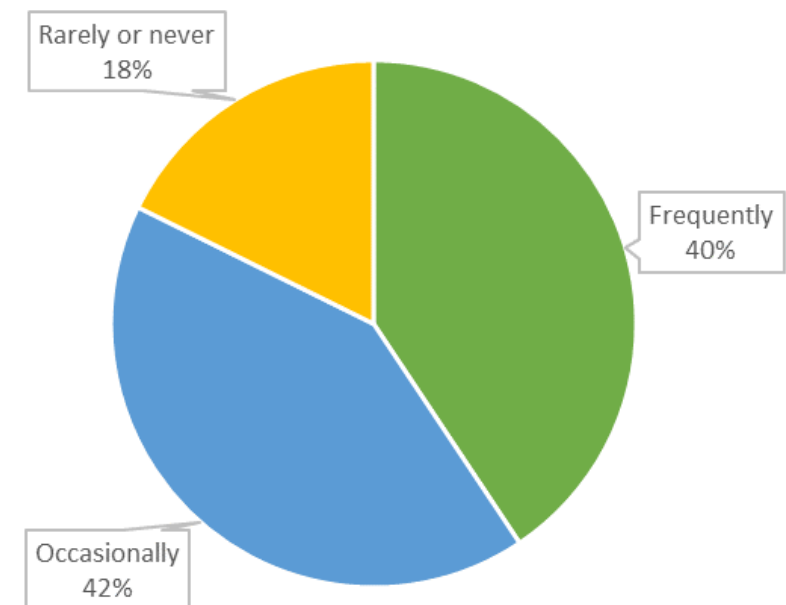
May 9, 2023

n = 119



October 10, 2023

n = 96

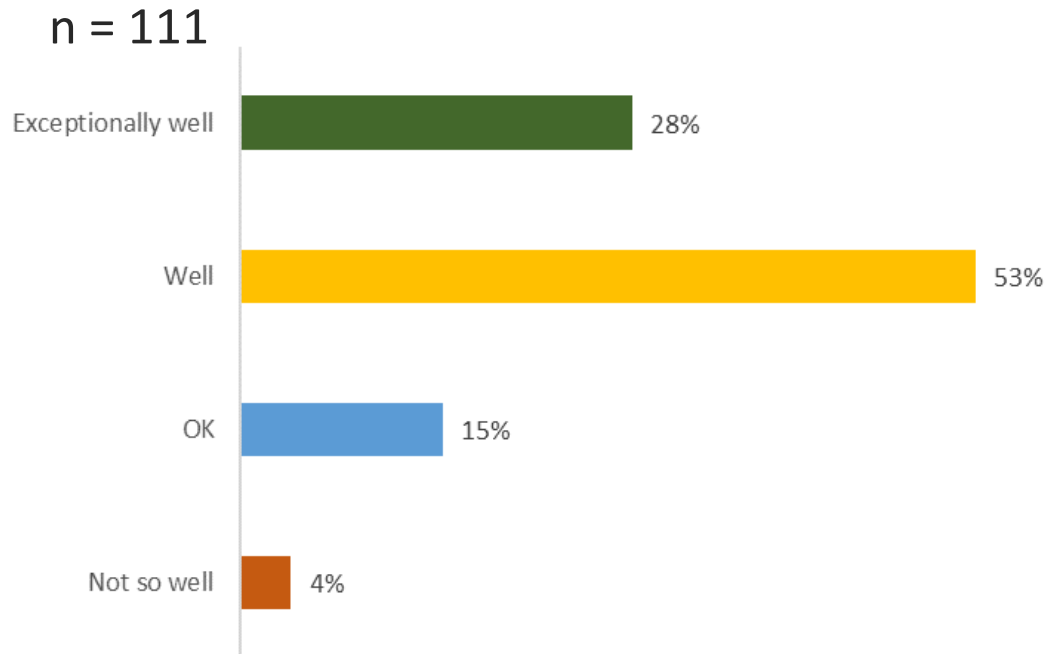


Source: Registration survey

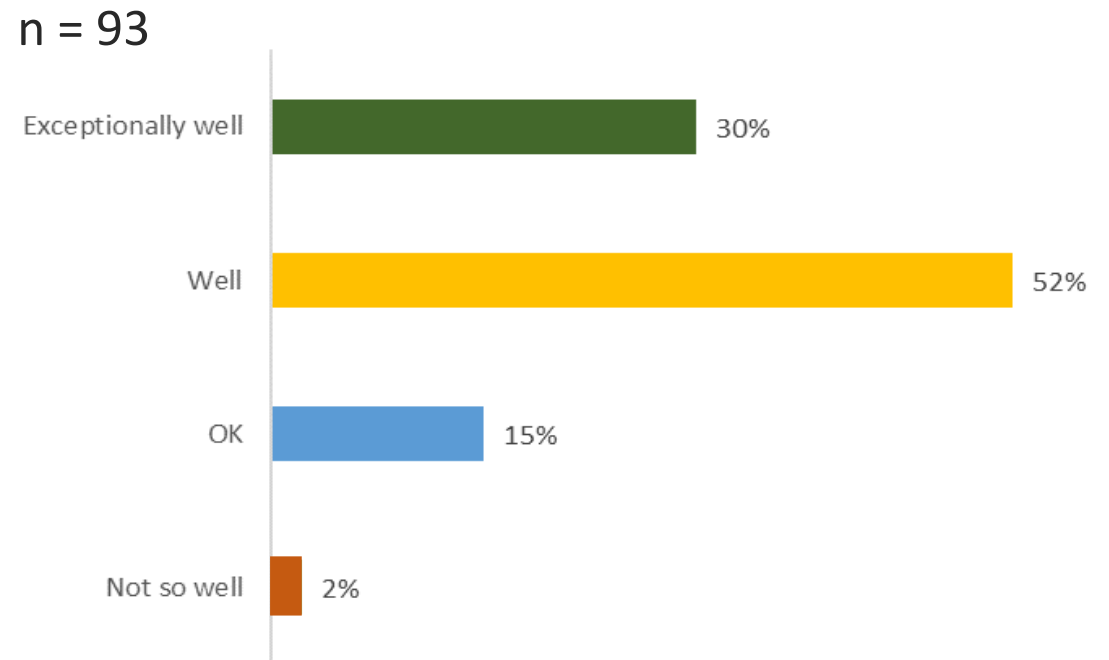


How well does your EASA team engage with families?

May 9, 2023



October 10, 2023



Changes in Family Engagement since May

Some highlights:

- Multiple teams started (or re-started) Multi-Family Groups
- More focus on self-advocacy and empowerment
- Including families early and more often in the process
- More home visits
- Text invitations to family workshops
- Being a "familiar face" to families



Scenario

- Gabriella, age 19
 - Strong roots in community
 - Interrupted developmental progression
 - Cultural framework in family
 - High levels of distress
 - System discontinuity
-
- **See scenario handout:** Scenario page 1, discussion prompts page 2.



Breakout Groups #1:

Break out into role groups, discuss the scenario using the prompts

Choose one person to keep notes and share to large group

1 person share with the Large Group



Stretch Break

(10:30-11:00am)

Breakout Groups #1

Respond to the Scenario from your role's perspective, how you would engage the family or support system?

1 person share with the Large Group @ 11:40





Lunch

(12:00-1:00pm)

Breakout Groups #2

You should have received a copy of your plan for Family Engagement from May SLC.

With your team: Continue developing family engagement improvement strategies from May 2023 meeting:

- Review what you wanted to focus on
- Update strengths and goals
- Fill in blanks

Return at 1:40



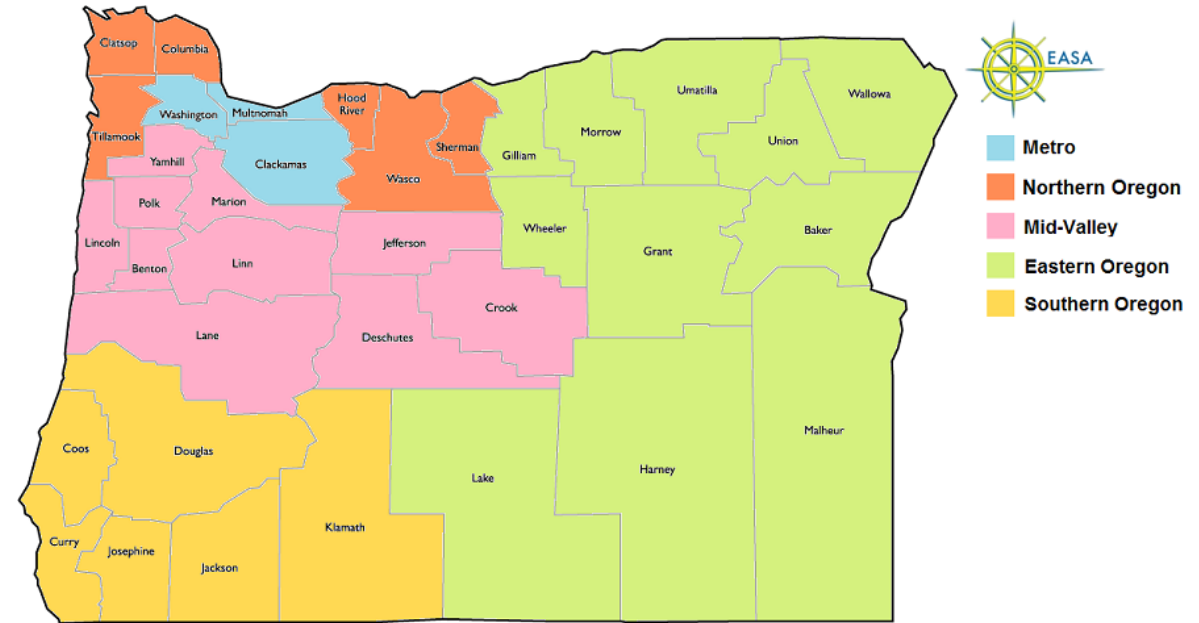
Breakout Groups #3

Choose your Regional group

Share your team's goals and progress so far towards family/support system involvement

Collaborate with your colleagues and the EASA Center for Excellence

Break @ 2:15



Stretch Break

(2:15-2:30pm)



Image by mrsiraphol on Freepik

Wrap-up and Evaluation

Reflections from today

Q&A

Needs from C4E/OHA

For CME professional credit, fill out the Evaluation Survey:

https://ohsu.ca1.qualtrics.com/jfe/form/SV_1BlKpAewwllhHi6



Resources available to use with Families and their Supports

The Centre for Addiction and Mental Health (CAMH) is Canada's largest mental health teaching hospital and one of the world's leading research centres in its field. CAMH is fully affiliated with the University of Toronto and is a Pan American Health Organization/World Health Organization Collaborating Centre.

CAMH offers a free online modules course entitled "Empowering Families Affected by Psychosis"

Website description: Having a family member who experiences psychosis can be frightening and overwhelming. You play a key role in supporting your relative and in promoting their wellness and recovery. However, this role may take a toll on you as well. This self-directed online program is designed to offer you support as you care for your relative.

<https://moodle8.camhx.ca/moodle/course/view.php?id=16>



Additional Resources

NAMI: <https://www.nami.org/earlypsychosis>

NASMHPD: <https://www.nasmhpd.org/content/information-individuals-and-families>

EASA: <http://www.easacommunity.org/for-families-allies-and-young-adults.php>

Federation of Families for Children's Mental Health: <https://www.ffcmh.org/resources>

RAISE NAVIGATE: <http://www.navigateconsultants.org/wp-content/uploads/2017/05/FE-Manual.pdf>

On Track New York:

<http://www.ontrackny.org/Portals/1/Files/Resources/Family%20Treatment%20and%20Resources%20Manual%204.18%20Final.pdf?ver=2018-05-01-120346-543>

SAMHSA EBP Toolkit: <https://store.samhsa.gov/product/Family-Psychoeducation-Evidence-Based-Practices-EBP-KIT/SMA09-4423>

PIER Training Institute: <http://www.piertraining.com/family-psychoeducation/>



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