

1st and 2nd MFG Groups

1st MFG Group	2nd MFG Group
“Getting to know you”	“How mental illness/situation has changed our lives” “What brought you as a family to EASA”
15 minutes chat/ socializing Co-facilitators model behavior Share personal information and positive aspects of people’s lives (no talk about illness) Introductions are culturally normative Begin to develop trust and understanding	15 minutes chat/ socializing Co-facilitators model behavior Personal stories of impact of mental illness/symptoms are shared Continue relationship and partnership building